

# The Island Current

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One Dollar

## CITY ISLAND ON PARADE!

### MEMORIAL DAY REMEMBRANCE

### FLEET WEEKEND 2002



Post 156 of the American Legion. The parade memorialized those who died in past wars and on Sept. 11, 2001. A wreath was placed at Hawkins Park in honor of Emergency Service Unit officer John D'Allara, brother of Islander Dan D'Allara, who, along with two other members of ESU Truck 3, perished on 9/11. The elite New York Police Department Honor Guard made its first appearance at the City Island parade, as did the NYPD Aviation Unit helicopter. An impressive group of sailors from the *USS Elrod*, a frigate that recently returned from a six-month deployment to the war zone, marched in the parade along with marines from a New York Reserve Unit that was activated after the Sept. 11 tragedy and is still on active duty. Longtime Post member Bill Gerhard played "Taps" for the 40th year, while Captain Mike Clancy (U.S. Army) carried a tattered American flag that was flying on the Staten Island ferry American Legion on 9/11 and was donated to the Post by Islander and ferry crewmember, Paul Wesley. The following Saturday, June 1, the fifth annual Fleet Weekend sparked under sunny skies with events for Islanders and visitors of all ages. Grand Marshal Betty Carman led the parade commemorating City Island's nautical history. An Arts and Crafts Fair, sponsored by the Chamber of Commerce, lined the avenue with great shopping for adults, while the younger set enjoyed the carnival and NYPD Sea Air Rescue behind P.S. 175. Both parades were organized by hardworking Islanders who believe that City Island's special place in American history should always be remembered.

Photos by RICK DeWITT and RENA HANSEN

Residents and special guests put their best feet forward in back-to-back weekend events along City Island Avenue. On May 27, 2002, an historical Memorial Day parade was led by the Leonard Hawkins

## BRIEFLY...

**MET IN THE PARKS** will appear in Pelham Bay Park on Friday, June 14, with a performance of Giacomo Puccini's "La Boheme." The performance is free and no tickets are required. It will take place in the portable Carlos Mosely Music Pavilion. The pavilion was created specifically for outdoor performances by both the Metropolitan Opera and the New York Philharmonic; it incorporates a 40-by-78-foot stage platform, a suspended theatrical lighting grid and a dramatic pyramidal superstructure, which soars to a height of 68 feet and a width of 118 feet. Enter the park off Middletown Road and the Bruckner Expressway near the football field and tennis courts. Bring a blanket or beach chair. Rain date is Sunday, June 16. For more information, call the Metropolitan Opera at 212 362-6000 or consult its Web site at [www.metopera.org](http://www.metopera.org).

**BLESSING OF THE FLEET:** The Annual Blessing of the Fleet with the support and cooperation of the City Island Power Squadron and the Leonard Hawkins American Legion Post #156 will take place on Sunday, June 9, 2002, beginning at 1 p.m. Multi-denominational clergy will bless vessels from the Fenton Marine Dock. Boats are to assemble at 12:30 p.m. at the Hart Island Ferry Dock in City Island Harbor. Communication on VHF Channel #71 will begin at 12:30 p.m.

**HAWAIIAN KIDDY KABARET,** presented entirely by children for the City Island Theater Group, will be on Saturday and Sunday, June 15 and 16, at Trinity United Methodist Church, 113 Bay Street. Tickets may be reserved by calling 718-885-1492. Admission prices, which include a light lunch, are \$10 for adults and \$5 for children, seniors and Bronx Cultural Cardholders. For more information, call 718-885-1492, or visit <http://ourworld.cs.com/citheatergroup>.

**"BEST BOOKS FOR TEENS 2002"** is now available from the New York Public Library's Office of Young Adult Services. This mega-booklist of approximately 1,000 titles has 400 new titles in 61 subject sections and old favorites, for teenagers 12 to 18 years old. Kids can explore worlds of mystery and suspense, romance, real adventure, poetry, the arts and more. The books are organized in five general sections: Creative Arts, Science, Here/Now, One World and Action and Adventure. Here are some of the categories that might be tempting: Adventures in Ideas, Getting it Together, Overcoming Odds, Young Love, Astronomy and Space Exploration, Athletes, Photography and Video, AIDS, Love and Sex, The Middle East, War and Peace. "Books for the Teen Age 2002" is available from the Office of Branch Libraries, The New York Public Library, 455 Fifth Avenue, New York, NY 10016. Copies cost \$10 each. On mail orders, there is a charge for mailing and handling (1 copy, \$1; 2 to 5 copies, \$1.25). Each library branch has many of the books on the list. Visit the Library's web site at [www.nypl.org](http://www.nypl.org) for further information.

## 45 BLOTTER

Complaints reported from City Island to the 45th Precinct during April 2002. Unfounded complaints are not included in the list, nor are complaints for crime occurring on the mainland.

### APRIL

- 1 - CRIMINAL MISCHIEF (auto)
- 3 - PETIT LARCENY (1 from person, 2 from vehicle)
- 3 - GRAND LARCENY (2 from person, 1 commercial)
- 2 - HARASSMENT
- 1 - AGGRAVATED HARASSMENT
- 1 - ASSAULT
- 3 - LEAVING THE SCENE OF ACCIDENT/PROPERTY DAMAGE
- 2 - DRIVING WHILE INTOXICATED (DWI)

### 1 - BURGLARY 1 - HOME INVASION

Police report the following arrests and incidents for the month of April:

- 4/19 - At 7 p.m., an off-Island male, 61, was charged with DWI at City Island Avenue and Bridge Street.
- 4/19 - An off-Island female, 41, was arrested for driving while intoxicated at City Island Avenue and Orchard Beach Road.
- 4/19 - Police report that at 9:30 p.m., three men entered the home of an Island male at 401 King Avenue, tied him up and stole approximately \$6,000 in cash (see story in May 2002 *Current*).
- 4/21 - At 106 Carroll Street, an off-Island female, 25, was arrested and charged with assault after allegedly scratching a victim on the face.



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**USED BOOK SALE:** On Saturday, June 29, from 10 a.m. to 4 p.m. at 294 City Island Avenue there will be a used-book sale to benefit the City Island Civic Association's SONE Legal Fund. If you have books to donate, please bring them to 294 City Island Avenue on Thursday or Friday, June 27 or 28, between 5 and 8 p.m. only. Quality books in good condition will be accepted; magazines, textbooks, condensed books or encyclopedia volumes will not be accepted. For information, or if you would like to volunteer to help with the sale, call 885-0507 or 885-1517.

**THE ANNUAL GARDEN CLUB LUNCHEON** will be held this year on Thursday, June 13, at the City Island Yacht Club on West Pilot Street. The doors open at 12 noon and luncheon will be served at 1 p.m. The admission is \$23 and everyone is welcome to attend. There will be door prizes and raffles. Reservations must be made by June 7; call Dolores at 885-0918 or Ruth at 885-1361.

**A BRONX FIREWORKS EXTRAVAGANZA** will take place on Tues., July 2, at 9:30 p.m. at Orchard Beach. The fireworks are part of the "Celebration of the American Spirit" event sponsored by State Senator Guy Vellella and the New York City Department of Parks. The gates open at 6 p.m. for an evening of family fun beginning with performances by the U.S. Army Special Operations Parachute Team, the Bronx Arts Ensemble Orchestra and an FDNY Fireboat show.

**ORGANIC VEGETABLE COOPERATIVE:** It's not too late to participate in this terrific program that will bring you up to 10 pounds of organic vegetables from an upstate New York farm every week for 24 weeks starting June 11. Half shares are available for \$187.50; full shares for \$374. To order, call Carolyn Dean at 885-1104 or email [holeopharm@pol.net](mailto:holeopharm@pol.net). Brochures describing the program can be found at Moodlight, Focal Point Gallery or Health and Esthetics. Join today to ensure a healthy diet for your family and to support diversity in agriculture.

**OPEN HOUSE AND DEDICATION** of the Group Home at 141 Pilot Street will take place on Thursday, June 20, between 11:30 a.m. and 1:30 p.m. The house has been extensively renovated and restored by the Association for the Advancement of Blind and Retarded, Inc. (AABR) and is now a group home for eight developmentally disabled individuals. Everyone is welcome to attend the dedication and tour the house.

## BEETLEMANIA

By JANE PROTZMAN

The Asian longhorned beetle, which attacks and kills hardwood trees, was discovered in the Greenpoint neighborhood of Brooklyn in 1996. The United States Department of Agriculture (USDA) has determined that they entered the United States inside wood packing material from China. In 1999 four new infestations were detected in Bayside and Flushing, Queens, and in Manhattan. To date more than 4,400 trees from infested areas have been cut down, chipped and incinerated. Two infested trees were recently cut down in Central Park.

The good news is that, so far, they have not reached the Bronx. The quarantine boundary, determined by the USDA as of November 2001, does not include City Island. In Manhattan, the "watch area" is

south of 125th Street; in Queens and Brooklyn the area is north of the Southern State and Belt Parkways to the shoreline of the East River.

The Asian longhorned beetle is about 1 to 1½ inches in length, with long antennae and a large body that is black and shiny with white spots. The beetles attack maple, birch, horse chestnut, poplar, willow, elm, ash and black locust trees, leaving deep, round exit holes about the size of a pencil. Sawdust may collect on the tree trunk.

They cannot fly more than 400 yards and will be unable to fly across the East River, or Eastchester Bay, although they could hitch a ride on a bus, truck or car. If you do see anything that resembles such a beetle, call 877-STOP-ALB or 212-201-PARK. For more information, visit the USDA Web site [www.aphis.usda.gov/oa/pubs/fsalb.html](http://www.aphis.usda.gov/oa/pubs/fsalb.html).

## Firing Range Update

By BARBARA DOLENSEK

Plans for sound abatement at the Rodman's Neck police firing range are moving ahead, according to Police Commissioner Kelly, who told *The Current* on May 31, 2002, that a new proposal is being considered to alleviate noise as the prototype shed constructed in 2001 did not solve the problem for City Island residents.

The latest proposal, for a wall similar to the type seen along major highways, is awaiting Police Department approval before design and construction may begin. Cost estimates have been obtained, and there is money in the capital budget, according to a spokesman for the Department of Design and Construction,

which is responsible for the project.

No schedule for construction can be forecast until approval has been granted.

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## 'PRETTY ISLAND'

By SUSAN BELLINSON

City Island has some wonderful storefronts in the downtown area, many of which were attractively renovated a few years ago through a matching-grant program organized by the Chamber of Commerce. Because there are still many storefronts that are empty or in need of a facelift or at least some fresh paint, a new program supported by the City Island Civic Association is being launched on the weekend of June 8 and 9 (weather permitting) by refurbishing the front of the New Way Market at the corner of City Island Avenue and Fordham Street.

The organizers of the program, which is being called "Pretty Island," hope to help bring vitality to the Island and fill the empty stores with viable businesses by eventually improving the appearance of storefronts along City Island Avenue. The program is aimed at beautifying the older, historic buildings in order to maintain the character of the City Island village. Some of these buildings have been neglected because of the owners' inability to coordinate or pay for repairs owing to illness or financial difficulties.

"Pretty Island" will begin this year with the New Way Market, but in subsequent years, other properties will be selected on the basis of need and visibility. The organizers will meet with the owners to determine whether there is interest in participating in the program. Owners are encouraged to help as they can, but inability to pay will not deter the project from going forward if the owner agrees to it. Community volunteers from various groups such as the Boy Scouts and

COLONY, as well as adult volunteers, will supply most of the labor.

The New Way Market project, which will last only one weekend, will be well supervised, with careful attention paid to safety of the volunteers. Only skilled adults will be allowed on ladders, roofs or scaffolding. The siding will be painted, shutters will be added to the windows on the second floor and a new sign will be made for the building.

If this project meets with community enthusiasm, the goal of the program is to take on one new project each year. The committee will apply for grants through the Northeast Bronx Neighborhood Restoration Association and Assemblyman Stephen Kaufman, who sponsored the matching-grant program, and from the office of Councilwoman Madeline Provenzano, who has been concerned for some time with City Island quality of life.

Members of the Civic Association expect that some people will ask, "Why should I spend my time working on someone else's property when I don't have time to clean up my own?" The answer is that no one will be pressured to participate, although it is hoped that many will agree that working together can have positive results in a community as small as City Island, and that improving the appearance of one building at a time may encourage others to clean up their own properties.

To volunteer or for more information, call 885-2109.

## MRS. ELLWANGER ANNOUNCES RETIREMENT

By KAREN NANI

The widely respected principal of Public School 175, Ena Ellwanger, announced her retirement after 35 years with the New York City Board of Education. She told a tearful faculty and staff on May 8, 2002, that "it was time" and indicated that Aug. 31 would be her last official day as principal of the City Island School.

Mrs. Ellwanger's love of learning began on City Island. A clam digger, she was raised on Hawkins Street with her parents, Waldemars and Alice Persteins, and her brother, John. She attended P.S. 17 and then went on to Hunter High School. She received degrees from Hunter College, the College of New Rochelle and Pace University. Her mother worked at P.S. 17 and P.S. 175 for 30 years.

She joined the Board of Education in 1961 and was assigned to P.S. 17 on Fordham Street as a first-grade teacher under long-time principal and her mentor, Mary Fitzpatrick. She taught first and seventh grades until 1967, when she and her husband moved to Maryland, where she taught at Gaithersburg High School and their son, Jon, was born.

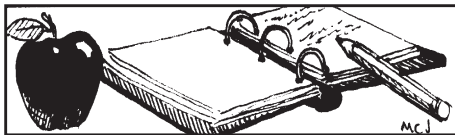
She returned to New York and began to work with the Board of Education in 1971. In September 1980, after the death of Lucrezia A. Fusco, who was then principal, Mrs. Ellwanger became acting principal. She was appointed principal a few years later.

Regarded by many as the main reason behind the growth and success of P.S. 175, Mrs. Ellwanger has received numerous awards and accolades. Under her leadership, P.S. 175 was named an Annenberg and a Lincoln Center Institute School. The school has consistently ranked in the top 50 elementary schools in New York City. She is also a co-founder of IDEA (Innovative Directions: An Educational Alliance), which is dedicated to preserv-

ing the maritime heritage of City Island.

More importantly, thousands of Island students and parents are grateful for the outstanding education and leadership Mrs. Ellwanger has provided. "It's a sad day, but her retirement is well deserved. She has nurtured and taught so many Islanders, their children and their children's children that her positive influence spans three generations," said Virginia Dannegger, school news editor for *The Current*, whose daughter graduated last year from P.S. 175.

Ever appreciative of the team around



her, Mrs. Ellwanger credits her faculty and staff with the success of the school. "I have been blessed to work in a profession I have always loved and to have worked with people who have the same values. The support I have received from their professionalism and caring throughout the years extends far beyond the workplace. If I am credited with any success, it must be understood that they have always stood beside me."

Not surprisingly, the indefatigable Mrs. Ellwanger would like to continue teaching even in her retirement. "I will probably be teaching graduate courses in supervision and administration, and I may be mentoring new principals," she told *The Current*.

The process of finding a new principal for P.S. 175 will begin in September under the direction of the District 11 superintendent, Marlene Filewich. In the meantime, District 11's director of professional development, Mrs. Milagros Efre-Lopez, will assume the position of interim acting principal.

## Islander's Determination Earns Him NYS Achievers Award

By KAREN NANI



Islander Brian O'Sullivan received the New York State Senate Achievers Award on April 30, 2002, in Albany, New York. Shown above at the ceremony are (l. to r.) State Senator Guy Vellella, Brian O'Sullivan and his parents, Diane and John O'Sullivan.

Winter Street resident Brian O'Sullivan received the New York State Senate's first Achievers Award in recognition of his ability to overcome personal and physical challenges. State Senator Guy Vellella presented the award in a ceremony at the Senate Chamber on April 30, 2002.

The award was given in conjunction with Legislative Disabilities Day, an annual event sponsored by the senate to raise public awareness of the efforts and accomplishments of people in the community with physical disabilities.

"Brian is an excellent role model, not only for people with disabilities, but for all New Yorkers. He has dedication and determination far beyond that of most people," said Mr. Vellella.

Brian's story attracted attention, when in 1998, he applied to the New York City Police Department and passed the written test. The department refused to let him take the physical test because of his prosthesis.

Brian was born with a short right femur and had to have his right leg amputated when he was one year old. When he stopped growing, he was fitted with a leg

that outperforms most normal prosthetics. He overcame his condition and is exceptionally athletic. He engaged in team sports in elementary and high school. He runs regularly, works out at a gym, and even skis.

With the support of his family, many of whom are NYPD officers, he appealed the police department decision, and his case is still pending (see September 2000 *Current*). Meanwhile, Brian is employed as an investigator with the New York State Crime Victims Bureau and is studying for his master's degree in criminal justice at John Jay College.

Mr. Vellella told *The Current*, "Brian has a strong determination not to let his disability slow him down. He is an avid runner and is actively trying to become a New York City police officer. Brian has never once given up, and he has never listened to someone tell him he couldn't achieve his goals."

At the ceremony, Brian thanked Senator Vellella and told him that he was "extremely honored" to receive the Achievers Award.

## City Island Road Water Main Construction to Begin

By BARBARA DOLENSEK

In early June, the long-awaited installation of new 24-inch water mains will begin on City Island Road from the Pelham Bridge to just short of the City Island Bridge. This project was delayed for several months as the New York City Department of Design and Construction (DDC) awaited the proper permits, certain design alterations and the approval of archaeologists who looked for but found no evidence of sacred Indian ground.

The contractor, HHM Associates, and representatives of DDC and its consulting firm, BBL, met with representatives of the City Island community on April 25 in the Community Board 10 office, to explain the project, which will cost an estimated \$5 million, and its anticipated schedule.

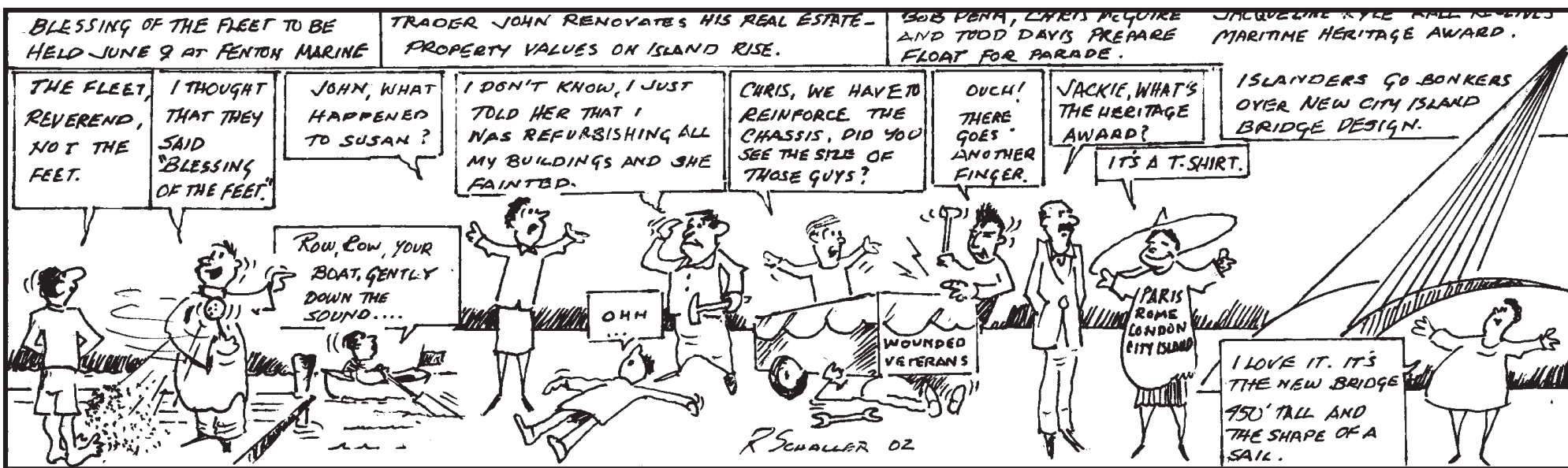
The project is being worked on in two phases. The first phase is to install the mains along City Island Road, which is scheduled to last from June through November 2002. The second phase, which is far more complicated, will involve extending these pipes under the City Island Bridge and down City Island Avenue, to complete the loop. The schedule for this phase has not been determined but is likely to take up to three years to complete.

The installation will involve digging up 100 to 200 feet along City Island Road each day, which will block up to two lanes of roadway during the week, although two-way traffic will continue. On weekends, four lanes will be open so that the traffic flow will not be impeded during the busiest days of the week. If all goes according to schedule, the job will be completed by November 2002.



The construction will have no effect on City Island water until the completion of the entire project, which may not be until 2005 or later. At that time, City Island will finally have improved water pressure and circulation that can be monitored from a station at Pelham Parkway.

The DDC office supervising the project has rented an office at 310 City Island Avenue, although its equipment will be stored off the Island during the first phase of the project.



We welcome letters and opinions. Letters longer than 250 words will be edited, with every effort made to preserve their substance. We reserve the right not to print letters that are copies, libelous, inaccurate or in bad taste, or those that cannot be verified. Include your phone number. Anonymous letters will not be printed, but names will be withheld upon request.

**7-Eleven**

A copy of the following letter was received by The Current.

To: 7-Eleven

I understand the 7-Eleven organization has been considering the possibility of establishing a site on City Island Avenue in the Bronx, zip code 10464.

This small community has a very active commercial life, given the presence of many fine restaurants and waterfront eateries offering seafood menus. The patronage peaks in the summer, as you may expect when boating is popular. Many of these establishments close in the winter for lack of business, and the mainstay of the island becomes the merchants who live there year round. The delicatessens, coffee shops and "mom and pop" establishments often provide the income for entire families. I do believe there is a limited amount of business for the rest of the year.

For these reasons, I must go on record as opposing any plan to establish another franchise which would in fact deduct from the economic viability of the island. I am supporting the position of the City Island Civic Association in this matter, believing it is in the best interest of the constituents who reside on the Island.

Guy J. Velella, State Senator



Photo by RENA HANSEN

Islanders awoke to a surprisingly gusty nor'easter on Saturday, May 18, 2002, which upset some of the residents' routines. The City Island Diner had to order extra bagels when their early morning delivery was left out in the heavy rain. The 25- to 30-knot winds also tested the mooring lines of recently launched Island boats, including this sailboat which broke loose from its anchor off the northern point of City Island and washed up on the stretch of beach just over the City Island Bridge. The boat was pulled off the beach and was floating again by Sunday.

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# CITY ISLAND BRIDGE TO BE REPLACED

By BARBARA DOLENSEK



View off the proposed "sail type" bridge looking south.

According to the New York City Department of Transportation (DOT), the City Island Bridge has outlived its usefulness and should be replaced. Representatives of DOT presented their views to Community Board 10 on May 8, 2002, explaining why they believe that the present bridge should be destroyed and what kinds of structures could be built in its place.

The current bridge, built 100 years ago as a swing bridge, was converted to a fixed bridge on or about 1963, according to DOT records. The bridge is supported by six piers in the water that require extensive maintenance. The DOT representatives showed photographs of corroded steel and cracked concrete, although they indicated that these pictures were old and that the problem areas have been corrected to enable it to carry up to 50 tons.

When questioned by the City Island Civic Association about posting a load limit sign on the bridge, Constance Moran, Bronx Borough Commissioner of DOT, wrote that such a sign was not necessary. She said that the bridge was "last inspected in July of 1999 and was deemed capable of carrying a legal load, which consists of 105,000 pounds or a 50 ton load."

At the Community Board meeting, Commissioner Moran said that the traffic situation on City Island, with visitor traffic on weekends and heavy trucks during the week, was not responsible for the deterioration of the bridge.

DOT outlined several alternative solutions to the bridge situation:

- Rehabilitation of the current bridge
- Construction of a conventional span bridge, with four piers in the water
- Construction of a tied-arch bridge that would not have piers in the water but would require heavy foundations on both sides of the bridge
- Construction of a cable-stayed bridge, which would have a single tower on the park side of the bridge. Two different designs were proposed, a "sail" type with a 450-foot-high tower and a "mast" type, with a tower about 240 feet high.

All of the new bridges would be con-

structed on the site of the present bridge and would have four standard traffic lanes, a 12-foot bikeway and a 5-foot walkway. During the construction period, access to the Island would be accommodated by a temporary bridge to be built south of the present bridge.

The DOT representatives made it clear that they prefer the final alternative, the cable-stayed bridge, and cost estimates were presented indicating that although the initial cost would be higher (\$24 million in contrast to \$18.5 million to rehabilitate the existing bridge), the annual maintenance costs would be half (\$100,000 for the cable bridge, \$200,000 for the existing bridge). If these figures are accurate, this could mean a considerable cost saving over the bridge's estimated life span of 100 years. It was noted, however, the oldest cable-stayed bridge is only 30 years old.

Residents present at the Community Board meeting asked a number of questions about the project and voiced objections to the loss of the present bridge, which preservationists deem to be of historic importance. The New York City Landmarks Commission told resident Tina Ruggiero that they would look into the possibility of landmarking the bridge, and she is also exploring the procedures involved in placing it on the National Registry of Historic Places.

An objection was also made to the fact that a new bridge would have four lanes, whereas City Island Avenue has only two, plus the fire lane. DOT responded by explaining that these lanes would enable maintenance to be done on the bridge without inconveniencing traffic, and that during normal periods painted lines could indicate only three lanes on the bridge, rather than four.

DOT intends to present its proposal for the bridge to the community at the Sept. 24 meeting of the City Island Civic Association. The agency then plans to have its preliminary design completed in March 2003 and its final design ready by September 2005, with construction starting October 2006 and ending September 2009.

# Maritime Heritage Awards Dinner

By BARBARA DOLENSEK



Grouped with the award winners at the 5th Annual Maritime Heritage Awards Dinner & Dance at the Morris Yacht Club on May 21, 2002, were representatives of the Fire Department and the Police Department of New York City, as well as elected officials. Senator Guy J. Velella is standing fourth from left next to honoree Tom McMahon, who stands next to Bronx Borough President Adolfo Carrion. Seated (l. to r.) are honorees Betty Carman, Jackie Kall and Mary Anne Clancy. Behind Jackie are IDEA co-founders Patricia Hennessy and Rose Rodstrom, and to their left are honorees Martina Meienhofer and Ellen Funck.

Ignoring the thunder, lightning, rain and hail outside, the jovial crowd at IDEA's fifth annual Maritime Heritage Awards dinner and dance at the Morris Yacht Club on Friday, May 31, applauded the honorees and enjoyed a festive evening on the eve of Fleet Weekend 2002.

The event, attended by such distinguished guests as Borough President Adolfo Carrion, State Senator Guy J. Velella and yacht designer Olin J. Stephens II, celebrated the achievements and contributions of a number of Islanders. The awards, made by Tom Nye, were handsome replicas of Stepping Stone Lighthouse and of famous yachts built on City Island.

Rose Rodstrom, co-founder of IDEA, first presented Keeper of the Harbor Awards to three longtime volunteers of the youth organization COLONY: Martina Meienhofer, Mary Anne Clancy and Thomas McMahon.

Mrs. Meienhofer, in addition to her work with COLONY, was honored for her work as a Girl Scout leader, as an officer of the Community Center, as a volunteer with the City Island Volunteer Ambulance Corps (CIVAC) and as a member of the Ladies Auxiliary at the Leonard Hawkins Post 156.

Mrs. Clancy was a school volunteer for many years, at both P.S. 17 and P.S. 175; she has worked with the Boy Scouts and the Community Center and has been a member of the American Legion Auxiliary for 25 years. She was program director for COLONY from its founding in 1981 until 2001.

Tom McMahon began his involvement with youth groups with the Little League and has worked with St. Mary's Basketball

program, CIVAC, the Boy and Girl Scout programs and various church and school activities. He has been commander of the Leonard Hawkins Post, is a member of the parish council of St. Mary's and currently serves as president of COLONY.

The Grand Marshal award was presented by Ena Ellwanger, principal of P. S. 175, to Betty Carman, who has for the past 14 years worked for the New York City Board of Education as a health intern, 12 of those years at the City Island School.

Mrs. Ellwanger then presented the City Island School Hall of Fame award on behalf of both IDEA and the PTA to Ellen Funck, who recently retired from the faculty of P. S. 175. Mrs. Funck began as a part-time teacher at the school in 1983 and eventually held full-time positions in Grades 2 through 5, finally settling into Grade 4.

Rose Rodstrom then presented the Maritime Heritage Award to Jacqueline Kyle Kall for her contribution to the community, as both a realtor and as a resident protecting the quality of life on City Island. Jackie became the first woman president of the Bronx Board of Realtors in 1978 and has served as president of the City Island Chamber of Commerce, and the Garden Club. She has lived and worked on City Island since childhood and brought up her family here, including her three children and her two grandsons.

Certificates were presented to the honorees by Mr. Carrion and Mr. Velella, as well as by representatives of U. S. Congresswoman Nita Lowey, Assemblyman Stephen B. Kaufman and Councilwoman Madeline Provenzano.

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If you have a new business, or if your old business is offering a new service, write to *The Current*, P.O. Box 6, City Island, NY 10464 by the 10th of the month.

The **Kathlyn Moses Gallery** will present a new exhibition in June featuring photography by Ellen Grace and Russell Heath. There will also be an exhibition of paintings by Anita Bastone and Ann McGuire. The opening reception will be on Friday, June 7, from 7 to 11 p.m.

**Focal Point Gallery**, 321 City Island Avenue, is celebrating 28 years on City Island with a group exhibition, "Images of City Island: Photographs, Paintings and Drawings Showing The Island And Its People." The exhibition will run through July 7.

**Harrington Talents Inc.** is a digital film and multimedia company located at 213 Fordham Street. The firm began in a basement with three men, an editing system and two professional digital video cameras, but it has grown by filming weddings, parties, promotional tapes and larger projects, such as USA Pro Wrestling, which has been shown on cable stations all over New York. The doors are open to City Islanders, and the owners would like to extend a 10 percent discount to residents as a way of expressing thanks for having been welcomes to the community. They can be reached at 718-885-3434 or by fax at 718-885-3338.



As a service to our readers, *The Island Current* will periodically list recent sales of residential and commercial property as found in the public record. This feature is designed to give a general idea of the fair market values of property on City Island. An update will be published every few months at our discretion. The listings below represent some of the recent sales. *The Current* is not responsible for errors or omissions in the data.

Address	Closing Date	Sale Price	Type
159 Marine Street	12/04/01	\$262,000	2 Family
293 William Avenue	12/11/01	\$290,000	1 Family
163 Fordham Street	12/13/01	\$399,000	1 Family
417 King Avenue	12/20/01	\$365,000	1 Family
152 Ditmars Street	12/26/01	\$155,000	3 Family
289 Fordham Place	12/31/01	\$280,000	1 Family
15 Windward Lane	1/16/02	\$370,000	Condo
536 City Island Ave.	1/17/02	\$496,000	2 Family
7 Leeward Lane	1/23/02	\$342,000	Condo
164 Marine Street	1/24/02	\$180,000	1 Family

### Starving Artist Celebrates Anniversary

The new exhibition at the Starving Artist Studio & Gallery, 269 City Island Avenue, marks the gallery's first half decade on City Island with an exhibition showcasing the finest artistic talent on the Island.

"We celebrated not only the five years of the gallery, but also all of the great art that it has been my privilege to showcase during that time," says metalsmith-jeweler-proprietor Elliott Glick. "We have offered residents and visitors a glimpse of the talent of dozens of artists and craftspersons, many of whom call this Island home."

Islander Mark Whitcombe continues to be a permanent part of the Gallery's regular fare, as do resident craftspersons Toby Z. Liederman and Cheryl Solomon. Other artists who have shown their work at the gallery include photographers Rick DeWitt, Richard Erbe and Cynthia Kyle; painters Donna Dietrich and Peggy Meyers; and fine craftspersons Laury Hopkins, Ann McGuire, Marge McNulty, Kathlyn and Tim Moses, Doris Nicoletti, Michael Proietti, Carmen Robinson, Tex Salta, Dan Trieber and Kim Vasquez.

The Gallery has featured City Island authors as well, including Katherine Kirkpatrick, Allen Flood and the late Catherine Scott.

On Saturday, June 8, the gallery will



host a reception beginning at 3 p.m. to unveil a new jewelry collection by Elliott Glick, as well as new fine art and craft in an exhibition with the theme "Beyond the Sea . . . Once Again."

The Starving Artist Studio & Gallery is open Tuesdays through Fridays, from 3 to 8 p.m., with extended hours on Saturdays and Sundays. For further information, call 885-3779 or 885-1105, or consult the gallery's Web site: [www.starvingartistonline.com](http://www.starvingartistonline.com)



Artists raise a toast on May 4, 2002, to celebrate five years of exhibitions at the Starving Artist Gallery on City Island. From left, jeweler-proprietor Elliott Glick toasts photographer Rick DeWitt and photographer-artist Don Nester, both part of the Starving Artist's family of artists.



Among the very first in the Starving Artist family of artists, box/paper artist and City Islander Cheryl Solomon enjoys the celebration with Islander Terry Franich, whose writings have been part of the Gallery's collection of work.

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# Legion Post Honors Islanders



Photos by RENA HANSEN

Leonard Hawkins Post 156 of the American Legion held its annual spring dance on May 25, 2002, and once again paid tribute to Islanders who helped make City Island a better place. Joe Goonan, past commander of Post 156, is shown above, presenting the Service to the Community Award to Peter and Jane La Scala. Peter is president of the City Island Chamber of Commerce, and has worked very hard over the years to help City Island businesses. He is co-owner with his brother Patrick of Bridge Boat Yard/ City Island Yacht Sales. Peter is a longtime member of the City Island Civic Association. He is also a lifetime parishioner at St. Mary, Star of the Sea Church, where he is an usher. Jane is co-owner of the Hailing Port, a City Island-based firm which handles federal and state registrations for boats. Jane is an active member of the Chamber of Commerce. She is a past president of the Parish Council at St. Mary, Star of the Sea, and still serves on the council. She also sings with St. Mary's choir.



Tom McMahon, past commander of Post 156, is shown presenting the Service to Youth Award to longtime Islander Tom Davis, for his dedication to the City Island Little League. Tom began coaching with the Little League in 1976, became its president in 1981, and remained with the league until 1992. He was part of the force behind getting a Little League field and clubhouse built on City Island. At this year's opening of the Little League season, the batting cage was named for Tom Davis.



Post 156 also presented a 50-year membership pin to Mort Livingston, a longtime Islander and veteran of World War II. Shown (l. to r.) are Mort's son-in-law, Tom McMahon, past commander Bill Clancy, Mort Livingston, and past commander Joe Goonan. Mort noted that Rocco Maffia introduced him to the post, and that this would be his 50th City Island Memorial Day parade.



Photo by RENA HANSEN

Taking part in the "11th Hour Ceremony" at the Leonard Hawkins Post 156 Spring Dance were three City Island servicemen on active duty and one of their comrades. (L. to r.): Marine First Lieutenant Greg Clancy, Army Captain Michael Clancy, Naval Lieutenant (j.g.) Matt Delaney, and Greg Clancy's roommate, Marine First Lieutenant Brent Bombach. The officers also marched in the City Island Memorial Day parade on May 27, 2002.

# Renovated Island House Becomes a Home

By BARBARA DOLENSEK



Photo by RENA HANSEN

There will be an open house and dedication for the Association for the Advancement of Blind and Retarded's new group home on June 20 at 11:30 a.m. at 141 Pilot Street.

City Islanders have been watching with great interest the dramatic facelift being performed on the house at 141 Pilot Street, on the corner of City Island Avenue. One of the Island's most attractive architectural sites, the 1840 Italianate house will be officially dedicated as a group home for the developmentally disabled on June 20, 2002.

The house was bought and renovated by the Association for the Advancement of Blind and Retarded, Inc. (AABR), of College Point, New York, which is sponsoring an open house and dedication on Thursday, June 20, from 11:30 a.m. to 1:30 p.m. The doors will be open to enable all City Island neighbors, civic leaders, and community organizations to tour the home.

The extensive restoration has enabled the house to keep its original architectural pre-Civil War integrity and to remain consistent with the surrounding structures while meeting the needs of its new residents. Although this has been both costly and difficult, the option of gutting and replacing the interior never occurred to AABR's executive director Christopher Weldon. "There are such wonderful details inside and out that simply can not be replicated today," he said. "We wanted the community to know we are good neighbors and, on City Island, part of being a good neighbor is keeping its rich history alive."

Mr. Weldon researched every available source on homes from this time period, as well as construction on City Island. He explored the Internet and contacted libraries and several historical societies. Although he found a good deal of information about the exterior of these homes, there was only limited information on the interiors, so he and his architect, Catania

Nack, tried to keep as much of the original interior as possible in order to maintain the character of the house, including the wide planks of the wooden floors.

Mr. Weldon said, "We wanted to connect this beautiful old house to its past but also create a home that would be comfortable and practical for the individuals moving in." All the curtains in the home were custom-made to match the colors and style of the rooms, and the ceiling moldings were made to match the rest of the house's historical features.

Even the new extension at the back of the house was carefully designed and built to be consistent with the existing foundation. The back porch matches the front where nautical columns were created to match the nautical ambience of the community. Old materials were reused wherever possible, and new ones were carefully selected so that the contractor, Probuild of Maspeth, New York, could retain the house's special details and features and create a suitable environment for the new residents.

After waiting years for a community placement, eight individuals with developmental disabilities can now call City Island home. Known for its nautical history, its restaurants and its small-town appeal, City Island has embraced these new residents as only a small town can. Neighbors have stopped by to say hello, many with homemade food, gifts and good wishes.

The home will be dedicated in honor of the late Frederic Goldmann, one of AABR's most ardent supporters and a member of the Metropolitan Club Managers Association.

For more information about AABR, call John Frank at 718-321-3800.

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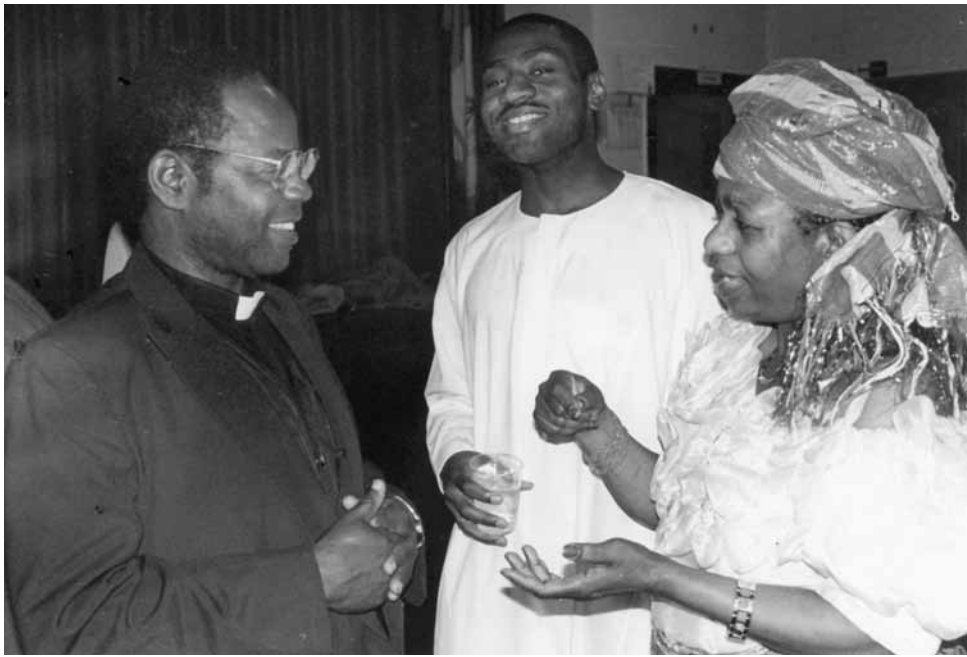


Photo by RENA HANSEN

Father Alexander Iheonunekwu, of St. Mary, Star of the Sea church, celebrated his 25th year in the priesthood on Sunday, April 28, 2002. Parishioners and friends joined Father Alex (shown above, left) for a celebration lunch in St. Mary's school gym following Sunday mass.



Photo by RENATA WOJTCZAK

Island teens Mary Danegger and Martyna Wojtczak (above) participated in the Box City project during March 2002 at their high school, Maria Regina in Hartsdale. The students gathered in the school courtyard with cardboard boxes that they slept in during the night. The girls faced some hardship because of the unusually freezing cold temperatures that night. The point of the Box City project is to know what it feels like to be homeless in order to help those who in reality don't have a place to live. The students received sponsor sheets and collected money that was donated to an organization for the homeless. Both Mary and Martyna want to thank the City Islanders who supported their efforts with generous donations.

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# The Island Garden

By DORIS STRAUS

Welcome to "The Island Garden"! After more than a dozen years living on City Island and eight working at the New York Botanical Garden, I hope to offer some useful information for those who garden in our unique environment.

Not unique to City Island, unfortunately, is the current water shortage, but there are a number of effective ways to cope with drought that will enable you to have a very attractive garden in spite of water restrictions.

The most important thing you can do is to get your soil in good shape. Work into your soil such organic amendments as compost, well-rotted manure and dampened peat moss (never use peat moss dry). Any or all of these will help retain moisture, attract beneficial organisms and improve soil texture. Newly planted shrubs are a significant investment of money and effort, and it makes a lot of sense to take the time to plant them well. Remember, a healthy plant has a better chance of surviving occasional bouts of stress caused by either drought or disease.

Another big help in a drought is putting a two-inch-thick layer of mulch around your plants. This will help keep the soil cool and enable it to retain moisture. It has been my observation that a lot of the soil on City Island tends toward alkalinity, possibly from land fill or salt, which is why I use either shredded pine bark or pine mininuggets (especially around evergreens). This adds a little acid to the soil as the mulch breaks down.

Well-established healthy shrubs should be able to withstand some drought without extraordinary intervention, and they will be fine if watered once a week within the current water restrictions. Pay particular attention to newly planted shrubs and perennials, which need at least one growing season to establish a good root system in their new environment. When you are watering these, make sure they are watered deeply.

It is very important that you do NOT fertilize your plants during a severe drought. This is not the time for a stressed plant to be pushing a lot of new growth. If you are using organic amendments and your soil is in pretty good shape, you probably don't need to fertilize much anyway. Roses and oriental lilies are exceptions to this rule.

In recent years, the popularity of water-absorbing soil polymers has grown considerably. These crystals, which have been available since the 1960s, were developed for farming in severely drought-plagued areas. They absorb up to 400 times their weight in water and slowly release moisture as the soil dries out. They can last seven to nine years, and they ultimately

break down to CO<sub>2</sub>, water and nitrogen. The polymers are acceptable for organic gardening, and they can cut your water needs by 25 to 50 percent.

I must admit I think this stuff is great, both in the garden and in containers. I have seen fabulous root systems develop on plants in tests at the Botanical Garden using these polymers. Until recently what has not been so great is the price, but I have found a non-profit Web site ([www.water-sorb.com](http://www.water-sorb.com)) that sells them for less than half of what nurseries charge: two pounds for \$12, including shipping. I use only a teaspoon to a tablespoon per plant so a little goes a very long way. You can find the same product at local nurseries under the names Soil Moist, Terra Sorb and Poly Soil. I use it on all new plantings mixed in with my organic amendments. Although it is time-consuming, you can work this stuff into the soil of existing plantings, too.

Another good drought tip is to use a soaker hose, which will gently moisten the soil with minimal runoff. The hose can be used on top of the soil or covered with a shallow layer of mulch for the absolute minimum of evaporation. These hoses are quite flexible, so it is easy to snake them through a flower bed. Be careful about putting these too close to the foundation of your home; however, if your foundation is in less than perfect shape, you could cause some damage.

Here is a list of attractive drought-tolerant plants that you might try planting in your garden. Some perennials for full sun include Russian sage (*Perovskia atriplicifolia*), verbascum, red hot poker (*Kniphofia uvaria*), black-eyed Susan (*Rudbeckia fulgida*), baby's breath (*Gypsophila paniculata*), various types of sedum, coneflower (*Echinacea purpurea* and 'Alba'), yarrow (*Achillea millefolium*), queen of the prairie (*Filipendula rubra*), *Gallardia grandiflora* and *Yucca filamentosa*. Some perennials for dry shade include liriopse, euphorbia, male fern (*Dryopteris filix-mas*), *Lysimachia punctata* and lily of the valley (*Convallaria*).

A few annuals for sunny spots are dusty miller (*Senecio*), celosia, portulaca, gomphrena, California poppy (*Escholzia californica*) and salvia (various). Shrubs for sun are broom (*Cytisus x praecox*), berberis, lavender cotton (*Santolina*), lavender, junipers, and tamarisk cultivars. A good rule of thumb is that silver-foliage plants usually fare better in a drought than their green-leafed pals.

Have a great month in the garden! This month, be sure to check out the NYBG rose garden during the first two weeks of June, and during the middle of the month the perennial garden will be beautiful.

Russell Schaller 885-3089

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## Organization News

News on this page concerning organizations, and events listed in, are submitted by representatives of those organizations. A limit of 150 words is requested for all news items submitted. In most cases news will be edited and every effort will be made to preserve the substance of longer items. News and calendar events must be received by no later than the 20th of each month except December and July. If the 20th falls on a holiday or Sunday, the deadline is the 19th. Mail submissions to P.O. Box 6, City Island, NY 10464. YOUR NAME AND PHONE NUMBER MUST BE INCLUDED.

### Current Calendar

#### JUNE

Sun., June 9, **Blessing of the Fleet**, 1 p.m. off Fenton Marine Dock. Sponsored by the City Island Power Squadron

Thurs., June 13, **Garden Club Luncheon by the Sea**, 12 noon at the City Island Yacht Club, West Pilot Street.

Thurs., June 20, **Community Board 10 meets**, 8 p.m., Hebrew Hosp. Home, Inc., 801 Co-Op City Blvd., Bronx.

Fri., June 14, **Met in the Parks**, Pelham Bay Park, 8 p.m. Performance of *La Boheme* on the lawn near the tennis courts. Enter off Middletown Road.

Tues., June 25, **City Island Civic Association meets**, 8 p.m., Community Center, 190 Fordham Street.

#### JULY

Tues., July 2, **Bronx Fireworks Extravaganza**, Orchard Beach, 9:30 p.m. Gates open at 6 p.m.

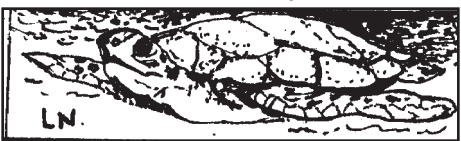
Tues., July 23, **Pelham Cemetery Lot Owners meet**, 7:30 p.m., Leonard Hawkins Post, 550 City Island Avenue. This meeting is for lot owners only.

#### Garden Club

Our "Luncheon by the Sea" will be held on Thursday, June 13, at the City Island Yacht Club. Tickets are \$23. Prepaid reservations are required. Please call Ruth at 885-1361 or Dolores at 885-0918 as soon as possible.

Gardening hint: Your garden should be flourishing by the middle of the month. Carefully monitor watering from now on. You will need to supply water to the garden if it receives less than one inch of rainfall per week. When weather is dry, soak garden well twice a week, but be sure to follow local water restrictions in light of the drought. According to the Department of Environmental Protection, watering lawns is restricted to 7 to 9 a.m., with even number addresses on even dates, odd number addresses on odd dates. And for watering garden plants, use only hand-held watering containers or hoses with self-closing nozzles and restricted to less than 5 gallons per minute; low-pressure/low-flow irrigation is also allowed.

Phyllis Goodman



#### Chapter 318 AARP

We will be giving a \$50 check to St. Mary's Star of the Sea and another to P.S. 175 to award a student for outstanding community service. Our President Robert McLaughlin will present these checks.

We would like to extend our condolences to the family of the late Mary Buelow, a charter member of our chapter. Mary will surely be missed.

Our next trip to Atlantic City is on Tuesday, June 11. The bus departs at 9 a.m. from 113 Bay Street, City Island. For reservations please call Jean Ringel at 885-1479 or John Bonicoro at 885-1844.

Our end-of-the-season luncheon will be held at Marina del Rey on Friday, June 14. There will be an open bar from 12 to 5 p.m. The music will be by Johnny Del. Chairpersons for the luncheon are Gloria Salacan and Florence Quinn. See them for reservations.

Our two trips for the fall are fully booked, but we are taking names for a waiting list. Please attend our meetings if you are interested. See Flo Bonicoro or Marie Tirelli.

Marie Tirelli

#### City Island Theater Group

The City Island Theater Group's next production, "Hawaiian Kiddy Kabaret," is scheduled for 2 p.m. on Saturday and Sunday, June 15 and 16, at Trinity United Methodist Church, located on the corner of Bay Street and City Island Avenue.

This year, the show will include a play called "The Stowaway," written and directed by Laury E. Hopkins, with Stephen Marcus as musical director. This production, which will showcase the talent of the young people in our community, is made up entirely of children, from the performers on stage to the host and hostesses. This is CITG's second children's production.

Tickets are now on sale and may be reserved by calling 718-885-1492. General admission ticket prices are \$10 for adults and \$5 for children, seniors and Bronx Cultural Cardholders. The admission price includes a light lunch. For more information, call 718-885-1492, or visit our Web site at: <http://our.world.cs.com/Citheatergroup>.

Miriam Nixon

#### Trinity United Methodist Church

Thank you to everyone who came to our Spring Fair. We appreciate your support!

Our Budget Corner will be open on Saturdays in June until our final sale day of the year on June 15. Please come in from 10 a.m. to 2 p.m. to browse and shop. Naturally we will be open also on our usual Tuesdays at the same times. Thank you to those who gave so generously of all your goodies. Without you we would have had nothing to sell. Budget will be closed for the summer to allow those who have worked hard all year a well-deserved rest. We will reopen on Sept. 17. **Please do not leave any donations until Sept. 1. We cannot accept anything at all until then. Anything left will be discarded.**

Have a terrific summer. We will still be here on Sundays at 10 a.m. Come on in and pray awhile! We'd love to see you.

Donna LaValle

#### Chapter 3303 AARP

The Minneford Chapter, AARP #3303 has joined with the New York State AARP in participating in the Nursing Home Quality Campaign, raising questions that must be addressed by the NYS Department of Health. There have been more stories on the problems in nursing homes in the last six months than in the last six years. The quality of care and the quality of life for these residents are a priority for the AARP in this state. AARP is seeking legislative and regulatory initiatives that will examine the current staffing standards and their impact on the delivery of quality care. AARP wants the Department of Health to produce a clear and concise reporting system to inform the public about the quality of care in all 676 nursing homes in New York State.

On Wednesday, June 12, the members are going to the Westchester Broadway Theatre to see the famous Broadway production of "Cats." Doors open at 10:45 a.m.

On Thursday, June 27, the chapter celebrates its 21st annual dinner dance and raffle at the elegant Davenport Beach Club in New Rochelle. It will include a cocktail hour, open bar, dinner, dancing and entertainment.

Reservations are being accepted for an exciting five-day vacation trip to the beautiful Cortina Inn in Killington, Vermont,

## REGULAR MEETINGS

**The Sons of the American Legion (SAL)** meets every second Monday of the month at 8 p.m. at the Hawkins Post, 550 City Island Avenue.

**Alcoholics Anonymous:** Open meetings are held every Monday, 8:30 p.m., Trinity United Methodist Church, 113 Bay Street.

**The American Association of Retired Persons City Island Chapter 318** meets the first and third Wednesday of each month, 1 p.m., Trinity United Methodist Church Hall, 113 Bay Street.

**Boy Scout Troop 211** meets every Friday during the school year, 7:30 p.m., Trinity United Methodist Church, 113 Bay Street.

**The American Association of Retired Persons Minneford Chapter 3303** meets the first and third Thursday of each month, 1 p.m., Trinity United Methodist Church Hall, 113 Bay Street. (No summer meetings.)

The Bronx County Detachment of the **Marine Corps League** meets every second and fourth Wednesday of the month at 8 p.m. at the Hawkins Post, 550 City Island Ave. All active and former Marines invited.

**The American Legion** meets the first and third Monday of the month, 8 p.m., Legion Hall, 550 City Island Avenue.

**The City Island Civic Association** meets on the last Tuesday of every month except December, 8 p.m., Community Center, 190 Fordham Street.

**The City Island Power Squadron** meets the last Thursday of the month, City Island Yacht Club, 63 Pilot Street.

**City Island Community Center Members** meet the first Tuesday of each month, 8 p.m. at the Center, 190 Fordham Street.

**The Garden Club of City Island** meets the first Monday of the month, 10 a.m., City Island Yacht Club, 63 Pilot Street.

**Narcotics Anonymous** meets every Thursday from 8 to 9:30 p.m. at Trinity United Methodist Church, 113 Bay Street.

**The American Legion Auxiliary** meets on the first Tuesday of the month, 8 p.m. Legion Hall, 550 City Island Avenue.

**Pelham Lodge** meets every first and third Tuesday of the month except July and August. Call 885-3233 for information.

**The City Island Historical Society** meets on the fourth Sunday of the month at 3 p.m. at the Museum, 190 Fordham Street. Call 885-1600 for information.

**The City Island Seniors** meet on the first Tuesday of every month at 1 p.m. at Trinity United Methodist Church Hall, 113 Bay Street.

**The City Island Chamber of Commerce** meets monthly. Call 885-9100 for information.

and the famous Von Trapp Family Lodge from Aug. 19 to 23. Every day we will be touring the famous sights and points of interest in and around Vermont, including a boat cruise on Lake Champlain. The trip will include first-class accommodations, all meals, deluxe motor coach transportation with a professional tour manager and much, much more. Departure time is 8 a.m.

Prices and more details for these events will be discussed at our meetings or call Tina De Cristofaro at 885-0865.

Lucy Puglia

#### City Island Historical Society

A new selection of Walsh pictures has been installed in the Walsh Room. We are happy to have them back, especially those views of City Island boats and boatyards.

We are about to install some new display cases in the Nautical Room and to make some improvements in the educational value of our exhibits.

We are working with the Nassau Board of Cooperative Educational Services

(BOCES), which is sponsoring a seminar on Maritime Arts and Culture for about 100 teachers in July. The group has picked City Island as its focus for July 2, and a number of Islanders will be participating in the day's activities.

We were delighted to be one of the high points of a recent visit from a group that calls themselves the Forgettens. They like to tour parts of New York City that are tucked away, and they found City Island much to their liking. Please visit their Web site to enjoy their impressions of the Island and some nice photographs of the Nautical Museum: <http://www.forgotten-ny.com/forgottentour9/tour9.html>.

You may be surprised to learn that most of our visitors do not come from City Island at all. Help us to correct that imbalance by dropping by some Sunday afternoon. We are open from 1 to 5 p.m. and offer a nice diversion from all the traffic on the avenue.

Barbara Dolensek



Photo by RICK DeWITT

Work continues on the production of the City Island Theater Group's Kiddie Kabaret as (above, l. to r.) Norma Kerner, Cait Hennessy, and Laury Hopkins tie-dye tee-shirts at a workshop for the cast and crew. The production is scheduled for June 15 and 16 at 2 p.m. at Trinity Methodist Church (see *Organization News*).

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### Pelham Cemetery Lot Owners

The annual meeting of Pelham Cemetery Lot Owners will be held on July 23, 2002 at 7:30 p.m. at Leonard Hawkins Post #156, 550 City Island Avenue. This meeting is for lot owners only.

In compliance with New York City water restrictions, the water in Pelham Cemetery will not be turned on.

Holly Vincent

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If you wish to submit, for inclusion in this column, information regarding events and activities at the City Island Community Center, please call Laury Hopkins at 885-3202 no later than the 15th of each month, except December and July. Leave a message, including your name and phone number.

#### Announcements

**Belly Dancing Classes** will be given on Sundays from 1:30 to 2:30 pm. Beginning May 12. Everyone is welcome! Hip scarves will be provided! Call Nadia at 885-9660 to register.

#### Ongoing Events

**Monthly Meetings** are held on the first Tuesday of each month at 8 p.m. in the Community Center, 190 Fordham Street. The June 4 meeting will focus on fall scheduling, so all groups and instructors using the center should be represented. If you would like to begin a new program at the center, you should plan to attend.

**To schedule events at the Center**, call Laury Hopkins at 885-3202.

**Teen Center:** Saturday evenings. To volunteer your time so that we can keep the Teen Center open, please call Jay Howard at 885-2192.

**Senior Nutrition Program:** Held at Pilot Cove Manor, weekdays 11 a.m. to 1 p.m. All senior citizens are welcome; the cost is only 80¢ per meal. Call 885-0727 between 9 a.m. and 1 p.m. for your monthly calendar with daily lunch menus and schedule of visits to shopping centers.

**Belly Dancing Classes:** Call Nadia at 885-9660.

**Dance Classes for children and adults.** Preballet, jazz and tap for kids. Ballroom for adults. Call Linda at Dance Connection, 914 576-5515.

**Adult Tap Classes:** Call Corinne Grondahl at 885-2011.

**Photography Classes:** For adults and teens. Call Ron Terner at 885-1403 or inquire at Focal Point Gallery.

**Step Aerobics Classes:** Sundays 8:30 to 9:30 a.m.; Mondays, Wednesdays and Fridays 9 a.m. to 10:30 a.m., and Mondays and Wednesdays 7 to 8 p.m. Call Mary Immediato at 885-0793.

**Yoga:** Basic level Hatha Yoga classes include yoga postures, deep relaxation and breathing practices, and stress management for peace of mind and physical well being. Call Annette at 885-0724 for further information.

**Millennium Babies:** A Moms and Babies Playgroup. Call Brenda Prohaska at 885-9040.

Laury Hopkins

## Historic Induction At American Legion



On Saturday, May 22, 2002, the Leonard H. Hawkins Post 156 on City Island held an induction ceremony for the first time in its history. Ensign Denise Penny was sworn into the United States Navy by her cousin Eugene Lutz, Navy Reserves. Miss Penny is the granddaughter of Post members Jack Flynn of Florida and Martin Penny (deceased). She graduated cum laude from the University of North Florida with a B.S.N. (nursing degree). During her junior year at college, Miss Penny was awarded a Nurse Candidate Scholarship by the Navy. After completing Officer's Training School, her first assignment will be at Bethesda Naval Hospital in Washington, D.C. Proud parents Donna (Flynn) and Donald Perry were given an American flag from the Post to fly at their home in Florida in honor of their daughter's service to the country. Shown above (l. to r.) is the Penny family at the ceremony: Brianne, Megan, Randy, Donna, Denise, Danielle, Katie, Donald and dad Donald.

### Legion News

Memorial Day has always been, and will always be, a day of veneration for those who gave their lives defending our country and way of life.

Originally known as Decoration Day, the holiday tradition was born following the Civil War, when veterans' graves were decorated with flowers. In 1873 New York State made May 30 a legal holiday, and subsequently the date was made flexible to create a three-day weekend. While well intended, the change encouraged deviation from the original meaning of the day. For non-veterans the importance of the day faded, replaced by barbecues and weekend sales events at local stores.

The Leonard Hawkins Post has kept the Memorial Day spirit alive and well with their annual parade. Support is provided by the good burghers of the Island who line the avenue. This year's parade was about nine blocks long. Among the participants were Post #156, the Auxiliary and Sons of the American Legion (SAL), members of other Legion and V.F.W. Posts, Police from Highway 1, Rescue 3, the Fire Department and Monahan Pipe Bands, a contingent of marines and sailors, our Boy and Girl Scouts, the Little League and a squad of Civil War buffs from the New Jersey Living History Association.

Again Danny Pirraglia and Dino Esposito of Seafood City donated the float, which was decorated by Bob Pena, Chris McGuire and Todd Davis. Bob gives Todd credit for doing most of the work. After the parade, the marchers and many spectators who had watched gathered at the Post for hot dogs and refreshments befitting the occasion.

An American flag that was flown from the New York City ferryboat, *American Legion*, on Sept. 11, was given to Jack Bryant by Capt. Cruz and crew with the request that it be carried in the parade. It was and we thank them.

Our Commander Vincent Hecker recently celebrated his 60th birthday. Regarded as a local Beau Brummell, Vinny doesn't look a day over 59. This former marine said his weight is about the same as it was during his days in the service, although the distribution has changed it slightly. To keep in shape, Vinny often joins John O'Sullivan on his speed-walking sorties into the park. Unlike his peers at the Post bar, he enjoys a tall glass of Perrier in lieu of the more toxic fluids dispensed there.

At a recent party to pay homage to Vinny, RoseAnn Bunyan baked his favorite cake, a ricotta cheesecake. While Vinny salivated in anticipation of enjoying this gift, some miscreant absconded with the cake. It was never recovered.

I wish to thank the flag crew for getting the flags up on time, especially those who took the extra sections. Thanks, too, to Ed Shipp, who replaced brackets on 44 poles. We could still use a few good men to replace those who took early retirement. Contact me on 885-2087.

The SAL held two successful brunches to raise money for the parade. All money raised by the SAL is contributed to worthy causes or charity.

The Spring Dance was a social and financial success. About 140 people attended. Flags are available at the Post; the price \$10, includes a bracket.

**Sick Call:** Richard Lindley is at Sound Shore and Capt. Fred (Skip) Lane has relocated to Providence Rest. Don Varian, Billy McGee, and Bud Scollon are at home.

Meetings for June are June 3 and 17 (regular) and June 10 (Executive Board).

The County Convention will be held Friday, June 7, at the Sam Young Post.

The Blessing of the Fleet will take place on Sunday, June 9, at 1 p. m. at Fenton Marine. This annual event not only attracts the Island's regal yachts but old tubs as well.

There being no further drivel, I'm going to fall out and take five.

Russell Schaller

### Ladies Auxiliary 156 American Legion

Our thanks to all who contributed to or attended our Cancer Bingo. It was a huge success!! Receipts totaled a whopping \$3,000 of which \$1,500 was donated to Calvary Hospital for cancer patients and \$1,500 to a children's cancer institute. Chairperson Linda Ulmer and her committee and helpers did a fantastic job. Thanks, Linda.

Poppies are now being solicited; thanks to everyone for their generous donations. All monies derived are sent to veterans in need. Thanks are due to chairperson Jean Kolb, co-chair Jean Anderson, workers Terry Carmody, Camille Ramftl and Rose Booth.

Nominations and elections for new officers were held at our last meeting and the following slate will be installed at our June meeting: president, Nilda Nye; vice president, Mary Anne Clancy; second vice president, Helen McMahon; treasurer, Ann McIntyre; correspondence secretary, Susan Vaughan; recording secretary, Jean Anderson; chaplain, Camille Ramftl; sgt. at arms, Florence Bonicoro; executive committee, Theresa Carmody, Jean Kolb and Carol Esposito.

Have a nice summer. See you in September.

Jean Anderson

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**Public School 175**

Best wishes to all the eighth-grade graduates, who will be attending the following high schools in September: **Archbishop Stepinac:** Thomas Flynn, Raymond Pena. **Bard H.S. Early College:** Alexander Petrou. **Blessed Sacrament/ St. Gabriel:** Guy Dietz, Monica Doati, Jessica Maniotis, John Steine. **Bronx High School of Science:** Griffin Burnett, Matthew Rodstrom. **Brooklyn Technical:** Vernon Baluyut, Lena Huberman, Michael Maniotis. **Cardinal Spellman:** Christopher Geigel. **Fordham Preparatory:** Charles Koschak, Michael MacIndoe. **High School of Fashion Industries:** Thomas Harty. **Iona Preparatory:** Francis Cebek, Philip Choy, Edward Ciarletta, Stephen Pecoraro, Zachary Taffet, Nicholas Vaughan. **Lehman:** Luis Alvarez, Jason Carter, Helena Damson, Patrick Donohue, Omar Evans, Noah Feliciano, Russell Harmon, Theron Harris, Thomas Jones, Whitney Knight, Wilfredo Torres, April Tricoche. **Mahopac:** John March. **Monsignor Scanlan:** Lana McGrath, Jose Perez, Lisa Pirraglia, Sara Ramusova. **Mount St. Michael:** Joseph Gilmore, Brendan MacShane, Matthew Murphy (\$1,000 a year scholarship), Jean Pierre Ramos. **Preston:** Mallory Byrnes, Rachel Davilla, Mary Ann Emerick, Ashley

Marichal, Kathleen McCormick, Chrislyn Paukowits, Caitlin Steine. **St. Catharine's:** Kaitlyn Ricci. **St. Raymond's:** Aaron Griles, Christopher Vail. **Salesian:** Robert Milano, Nicholas Nasta, Edward Pirraglia, Gerard Roman. **The Ursuline School:** Krista Karabel, Danielle Lyons. **Truman:** Christian Alvarez, Jesika Pemberton.

The students who are still undecided are Gregory Bierman, Brittney Cuomo, Lionel Encarnacion, Dong Sun Kim, Joseph Leon and Hector Luciano.

In addition, Griffin Burnett received a \$1,500 a year scholarship to Mount St. Michael. Michael Maniotis received a \$500 a year scholarship to Mount St. Michael. Alexander Petrou received a \$500 a year scholarship to Salesian. Matthew Rodstrom received a half scholarship per year to both Iona and Mount St. Michael. Congratulations and good luck to all!

**St. Mary, Star of the Sea**

Best wishes to all the eighth-grade graduates, who will be attending the following high schools in September: **Aquinas:** Jameta McBride, Shanee Pierce, Alysia Saunders. **Benjamin Mays (Georgia):** de Von Blackman. **Cardinal Spellman:** Antoine Butler, Nyria Davis, Christopher Dickerson, Anthony Haley, Chantel Hazell, Gregory Jones, Sharyn Mitchell. **Cathedral:** Skye Akins, Allison Rolon. **Lehman:** Shantel Aponte, Selina Borrero-Negron. **Preston:** Shana Bennett. **Rice:** Kevin Shaw. **St. Jean Baptiste:** Xenovia Smith. **St. Raymond's:** Monique Hawthorne, Jonathan Stokes, Keith Williams. **Xavier:** Alfred Bastone. Congratulations and good luck to everyone in September!



**Reunions**

One of the most famous "reunion" films is writer/director Lawrence Kasdan's classic film **The Big Chill** (1983), which boasts a superb ensemble cast that includes Kevin Kline, Glenn Close, William Hurt, Meg Tilly, Jeff Goldblum, Tom Berenger, Mary Kay Place and JoBeth Williams. When one of their college friends commits suicide (played by Kevin Costner, whose part wound up on the cutting-room floor), these 1960s radicals come together to mourn his passing and reflect on their hopes and dreams from two decades earlier. It is poignant, funny, intelligent nostalgia, a must-see for anyone from the baby-boomer generation.

Four films concern high-school reunions. **Peggy Sue Got Married** (1986) stars Kathleen Turner, who passes out at her 25th reunion and is transported in time back to high school, where she first met her estranged husband, played creepily by Nicolas Cage. **Romy and Michele's High School Reunion** (1997) is a rather goofy comedy, a piece of slapstick fluff, starring Mira Sorvino and Lisa Kudrow as two best friends whose insecurities abound as they prepare to attend their 10th high-school reunion.

**Grosse Pointe Blank** (1997) is a hilarious black comedy starring John Cusack as a hit man who is convinced by his secretary (sister Joan Cusack) to attend his 10th reunion, where he meets up with his high-school flame (Minnie Driver), whom he has been discussing with his very reluctant shrink (Alan Arkin). **The**

**Tao of Steve** (2000) is a rather special philosophical film in which Dex (Donal Logue) expounds his rules for seducing chicks, all of which go down the tubes when he is smitten by Syd (Greer Goodman) at their high-school reunion. This original film is filled with humanity, humor and truth.

A summer camp reunion is the theme of **Indian Summer** (1993), which features another fine ensemble cast headed by Alan Arkin as camp owner Uncle Lou, who invites his favorite campers back for one last week before he closes down. The cast includes Diane Lane, Bill Paxton, Elizabeth Perkins, Kevin Pollack, Vincent Spano, Julia Warner, Kimberly Williams and Max Craven. It is a sweet, nostalgic film that will charm anyone who ever went to camp.

A more subtle type of reunion is one in which two people meet again years in the future after a long period of separation. In **Plenty** (1985) Meryl Streep plays Susan, a British woman who serves in the French Resistance during World War II. She has a one-night stand with Lazar (Sam Neill), a parachutist, whom she fantasizes about for 20 years. This is a poignant story about how living in the past can prevent happiness in the present.

In **Reunion** (1989), Jason Robards plays a Jew in 1933 Germany who became friends with a boy from a very different background. He is sent to America but is haunted by his memories, and in his declining years decides to travel to Germany to try to find his friend.

A truly wonderful love story is **Innocence** (2001). Claire (Julia Blake) and Andreas (Charles "Bud" Tingwell) meet after 40 years and find that their love, which began in their teens in Belgium, is rekindled in their old age in Australia. The problem is that Claire is still married to her first husband, John (Terry Norris). This is a grown-up extraordinary film of love and sex, hope and joy, and possibility.

And until next time, be safe and happy viewing . . .



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# High-Protein Diets May Pose Health Risks

High-protein diets have no proven effectiveness in long-term weight reduction and pose potential health threats for those who adhere to them for more than a short time, according to an advisory from the Nutrition Committee of the American Heart Association (AHA) in its journal "Circulation."

The advisory specifically targets such popular quick weight loss regimens as the Atkins, Zone, Protein Power, Sugar Busters and Stillman diets and offers guidelines to health care professionals for evaluating these diets. "High-protein items may also be high in fat. Some of the diets increase fat intake and reduce nutritionally rich foods such as fruits and vegetables, which is not a good approach to meeting a person's long-term dietary needs," writes Robert H. Eckel M.D., a professor of medicine at the University of Colorado Health Science Center in Denver and a co-author of the advisory. "Many of these diets fail to provide essential vitamins, minerals, fiber and other nutritional elements, in addition to their high fat content."

One of the most compelling arguments against following a high-protein diet, according to Dr. Eckel, is that these diets have not been documented to deliver on their promise of sustained, long-term weight loss. The safety, credibility and effectiveness of the revised AHA nutritional guidelines, on the other hand, are backed by scientific documentation.

"It is important for the public to understand that no scientific evidence supports the claim that high-protein diets enable people to maintain their initial weight loss," he says. "In general, quick weight-loss diets don't work for most people." He points out that studies have shown consistently shown that successful, lasting weight loss occurs most often when people follow a nutritionally sound diet and increase physical activity to burn more calories than they consume.

Foods emphasized in these high-protein diets are from animal sources rich in both protein and saturated fat, such as meat and eggs. At the same time, some of the diets drastically limit consumption of high-carbohydrate foods such as cereals, grains, fruits, vegetables and low-fat milk products.

Eating large amounts of high-fat foods over a sustained period has been shown to increase the risk of coronary heart dis-

ease, diabetes, stroke and several types of cancer, Dr. Eckel notes. A diet rich in animal protein, saturated fat and cholesterol raises LDL cholesterol levels, an effect compounded when high-carbohydrate, high-fiber foods that help lower cholesterol are limited or eliminated.

"This is why the American Heart Association urges most adults to limit fat intake to no more than 30 percent total calories, less than 10 percent of which should be saturated fat," Dr. Eckel writes. "On some of the high-protein diets, meeting these goals is simply impossible."

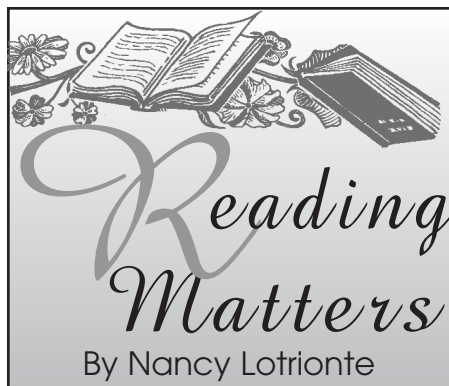
A diet high in complex carbohydrates that includes fruits, vegetables, non-fat dairy products and whole grains has been shown to reduce blood pressure. Limitation of these foods, which are rich in calcium, potassium, and magnesium (nutrients associated with blood pressure reduction), may lessen the benefit of weight loss on blood pressure reduction.

Although proteins are essential to maintain the body's structure and proper function, most Americans already eat more protein than their bodies need, and excess dietary protein can, in itself, increase health risks. According to Dr. Eckel, "In some individuals with kidney or liver disease, unneeded protein may put them at risk for worsening their disease."

More than half of all adults in the United States are either overweight or obese. "Many of these people are looking to high-protein diets as a popular 'new' strategy for successful weight loss," says Dr. Eckel. "This dietary concept really isn't new at all. It's been around for decades in one form or another."

High-protein diets induce a quick drop in weight primarily through loss of body fluids caused by the diuretic effect of eliminating most carbohydrates. Glycogen, the form of sugar used by the body for energy, is lost from the muscles as well, sometimes causing fatigue. The diets also induce ketosis, a metabolic condition associated with low blood levels of insulin and resulting when the body is deprived of dietary carbohydrates. Sustained ketosis will result in loss of appetite, which may lead to lower total calorie intake.

According to the AHA advisory, "A very high-protein diet is especially risky for patients with diabetes because it can speed the progression . . . of diabetic renal disease. Some popular high-protein, low carbohydrate diets limit carbohydrates to 10-20 grams per day, which is one-fifth of the minimum 100 grams per day that are necessary to prevent loss to lean muscle tissue."



Not long ago, I was browsing through the Museum Store at a nearby mall with my children and some friends, and one of the children easily identified the painting *Starry Night* printed on many of the items in the store. We had a conversation about Vincent van Gogh, the painter of the picture, and I was amazed that such a young child knew so much about this famous artist and his accomplishments.

I remember that when I was a student myself, I never had much interest in art, probably because it was first presented to me in high school in a way that was not "teenager-friendly." It seemed that there was just too much to learn in a short period of time.

Today, there are many great picture books about art for children of all ages. This early exposure to our fabulous artists can capture their interest and perhaps spark further curiosity. Some of the books also have wonderful hands-on activities for children to enjoy.

The following list of books and Web sites are just a few of the many available that might be of interest to you and your children to help learn about art and artists.

*You Can't Take a Balloon Into The Museum of Fine Arts* by Jacqueline Preiss Weitzman and Robin Glasser

Also by the same authors: *You Can't Take a Balloon Into the National Gallery*

and also . . . into *The Metropolitan Museum. Claude Monet Sunshine and Waterlilies* by Steven Packard

*A Magical Day with Matisse* by Julie Merberg and Suzanne Bober

*In the Garden—Van Gogh* by Julie Merberg and Suzanne Bober

*Picasso and the Girl with a Ponytail* by Laurence Anholt

*The First Starry Night* by Joan Shaddox Isom

*Leonardo and the Flying Boy* by Laurence Anholt

*Katie and the Mona Lisa* by James Mayhew

*Once Upon a Lily Pad: Froggy Love in Monet's Garden* by Joan Sweeney

*The Yellow House : Vincent Van Gogh & Paul Gauguin Side by Side* by Susan Goldman Rubin

<http://www.mos.org/sln/Leonardo/>

<http://www.mfa.org/monetsworld/>

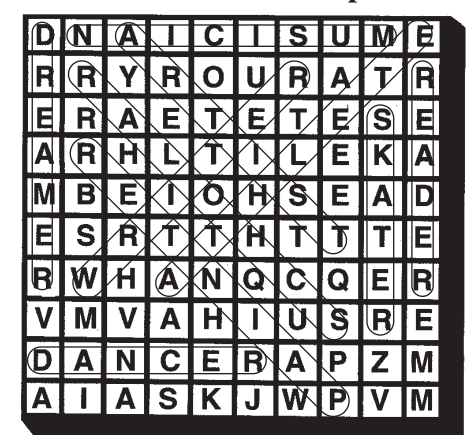
<http://www.nga.gov/feature/pollock/pollockhome.html>

[http://www.thinkquest.org/library/lib/site\\_sum\\_outside.html?name=J001608F&url=J001608F/](http://www.thinkquest.org/library/lib/site_sum_outside.html?name=J001608F&url=J001608F/)

<http://www.csupomona.edu/~plin/women/womenart.html>

## WORD SEARCH PUZZLE #27

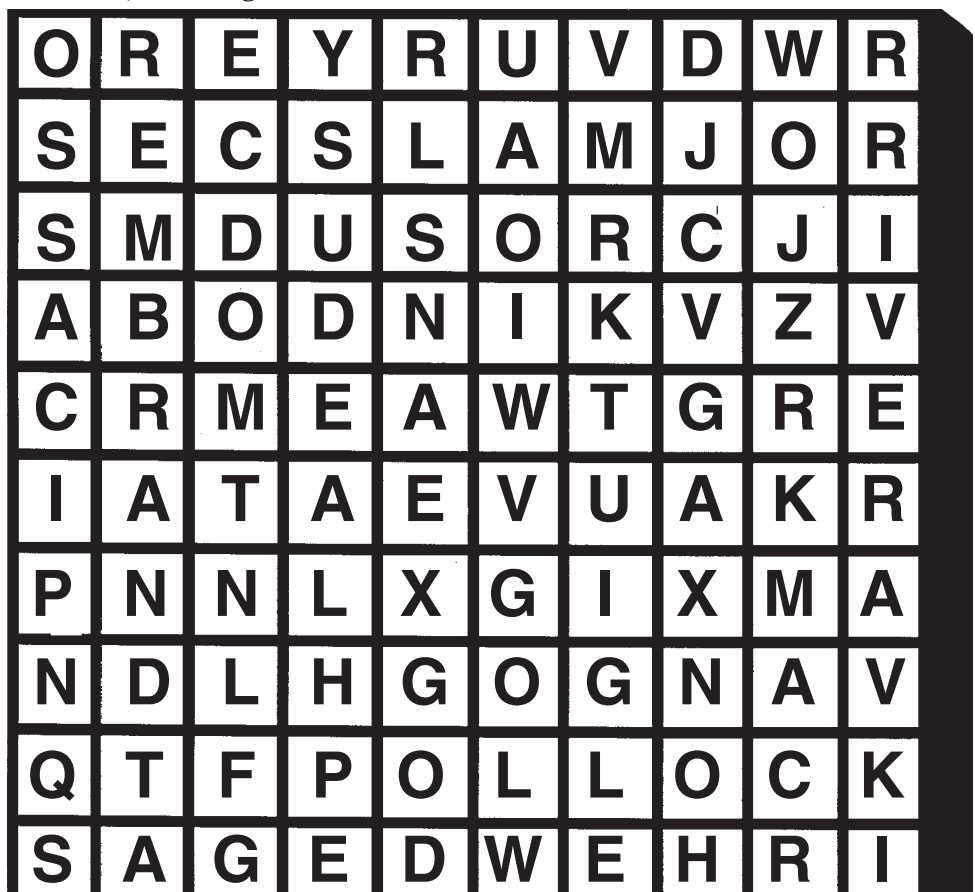
Answer to last June's puzzle



## WORD SEARCH PUZZLE #28

See if you can locate the names of these famous artists in the puzzle below. The names are written vertically, horizontally and diagonally.

*Da Vinci, Degas, Matisse, Monet, Picasso, Pollock, Rembrandt, Rivera, Rockwell, Van Gogh*



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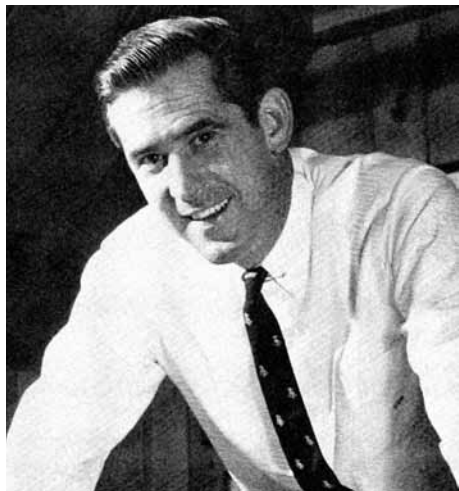
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# Obituaries

The Current will print obituaries free of charge upon notification by a member of the deceased's immediate family. Call 885-0760 or write to P.O. Box 6, City Island, NY 10464, including your telephone number.



Colin E. Ratsey

## Colin Ernest Ratsey

Colin Ernest Ratsey, one of the most prominent yachtsmen of his generation, died on April 27, 2002, in Vero Beach, Florida, after a brief illness. He was 75.

Mr. Ratsey was born in New Rochelle in 1927 and lived in Rye until he moved to Florida. He was the first American-born member of his family to serve as president of the venerable Ratsey & Laphorn Sailmakers, and he represented the sixth generation of his family to work at the company loft on City Island (now the Sailmaker Condominiums).

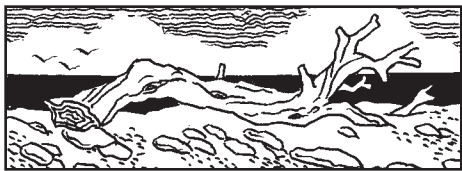
The firm, whose sails adorned Lord Nelson's fleet at Trafalgar as well as numerous America's Cup contenders, was founded in England in 1690. The American branch was headquartered in City Island until it was bought by Horizon Sails in the 1980s. The British company recently went out of business, but the Ratsey tradition lives on in a number of existing firms, including UK Sails.

In addition to running the traditional family business, Mr. Ratsey was an acclaimed competitor. His achievements included winning the prestigious Bermuda Race, completing numerous Trans-Atlantic races and serving as a crew member when the 12-meter *Columbia* successfully defended the America's Cup in 1958. Mr. Ratsey also served as commodore of the American Yacht Club and was a member of the New York Yacht Club and Storm Trysail Club.

Mr. Ratsey is survived by his children, Scott Ratsey of Vero Beach, Florida; Cynthia Ratsey Young of Rye, New York; Colin David Ratsey and Jane Ratsey Williams of Greenport, New York; and eight grandchildren. He is also survived by his sister, Joan Ratsey Darling, of Weston, Vermont.

## Frank W. Issler

Frank W. Issler, 76, of Dunnellon, Florida, died on Sunday, April 14, 2002, at Ocala Regional Hospital. Mr. Issler lived on City Island from 1950 into the 1960's. He is survived by his neices and nephews; Mildred Murtano, Helen Mazzella and Harriet Thompson of Swansboro, N.C.; Marilyn Shrager of Bluffton, S.C.; Harold Rupp of Gaylordsville, Conn.; Charles Issler Jr. and Pat Dodson of Staten Island, N.Y. Interment will be in the Issler family plot at Woodlawn Cemetery in the Bronx.



From EDWARD D. HEBEN, C.P.A.

## New Tax Law, New Tax Breaks

In an attempt to jumpstart the economy into recovery mode, on March 9, 2002, President Bush signed into law an economic stimulus bill known as the Job Creation and Worker Assistance Act of 2002.

This new law provides extended unemployment benefits for workers who initially filed for unemployment insurance benefits on or after March 15, 2001. In addition, it also provides for significant tax breaks to businesses located both inside and outside New York City.

The biggest incentives extend significant tax breaks for capital investment by allowing businesses a 30 percent depreciation bonus for all eligible expenditures made after Sept. 10, 2001, and before Sept. 11, 2004. Eligible capital expenditures include acquisitions of computers, office furniture, fixtures and equipment, certain software, automobiles, trucks and leasehold improvements.

In addition, the new law also allows for more tax-advantageous treatment with regard to net operation loss carry-backs, as well as special tax benefits for depreciation or replacement of any property lost

or destroyed within the "New York Liberty Zone." It also extends many expiring beneficial tax provisions, such as the work-opportunity tax credit, the welfare-to-work tax credit and the Archer Medical Savings Account (MSA) provision.

Many taxpayers, including businesses, filed their tax returns before learning of the new tax law and its various beneficial tax provisions, especially the new 30 percent first-year depreciation bonus for eligible property placed in service after Sept. 10, 2001. Thus, the IRS has agreed to allow for various options in connection with this issue. Under current revenue procedures, taxpayers who filed their year 2000 or 2001 tax returns before June 1, 2002, still have time to claim the bonus deduction by way of amendment or to file an election not to claim the deduction.

If you made or make eligible capital acquisition investments and should you wish to claim the bonus depreciation deduction, you may do so in one of two ways:

- File an amended return on or before the due date (excluding extensions) of the return for the next succeeding tax year and include the statement "Filed pursuant to Rev. Proc. 2002-33" at the top of your amended tax return filing.
- File Form 3115 "Application for Change in Accounting Method" with the tax return for the next succeeding tax year and include the statement "Automatic Change Filed Under Rev. Proc 2002-33" on the appropriate line of the form.

Taxpayers who wish to make an election not to claim the deduction may still do so on Form 4562. There is an automatic six-month extension to make this election, provided the taxpayer timely filed a tax return for the year the property was originally placed in service.

## What Papers Will You Need If a Family Member Dies?

In the event of the death of a family member, you will be faced with an array of legal and financial requirements that

can be psychologically overwhelming at this difficult time. To meet these requirements, you will have to provide certain documents. Among them might be:

- Certified copies of the death certificate (at least 10). Get them from the funeral director or directly from the county Health Department.
- Copies of all insurance policies. These may be in the deceased's safe deposit box or among his or her personal belongings, or you may obtain them from the deceased's insurance broker or agent or directly from each insurance company.
- Social Security numbers of the deceased, his or her spouse and any dependent children.
- Military discharge (if the deceased was a veteran). Get it from the Department of Defense, National Personnel Record Center, 9700 Page Boulevard, St. Louis, MO 63132.
- Marriage certificate (if the spouse of the deceased will be applying for any benefits). Get a copy from the office of the county clerk where the marriage license was issued.
- Birth certificates of dependent children. Get them from the public health office of either the state or the country where the child was born.
- The will. You may get a copy from the deceased's lawyer, safe deposit box or personal belongings. Wills are sometimes filed with the local probate court before the deceased's death.

• Complete list of all the deceased's assets, including real estate, stocks, bonds, savings accounts, pensions, 401(k)s, annuities, stock options and other employee benefits and personal property.

Tip: If the death is expected, you should try to gather these papers in advance (other than the death certificate, of course) to lessen the strain at the time of death. Even where death seems in the distant future, it is a good idea to have these documents on hand. A good document locator system will help you better organize your affairs.

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# Diabetes: The Epidemic of Our Times

By CAROLYN DEAN, M.D., N.D.

On Aug. 23, 2000, *Associated Press* reported that adult-onset diabetes has risen 70 percent in the previous eight years among people in their 30s. The rate of adult-onset diabetes in children is also skyrocketing. Health experts blame the wired-up culture and fast-food diet of the 1990s. The author of the article suggested that even this high figure could be a severe underestimation, since about one-third of American diabetics do not realize they have the disease. According to the November 2001 issue of *Diabetes Care*, the number of Americans diagnosed with diabetes will soar 165 percent over the next 50 years.

Diabetes is closely tied to obesity, and doctors say the high incidence of the disease is due in large part to America's weight problem and the consumption of simple refined sugars and flour. Closely paralleling the diabetes statistics, the number of Americans considered obese soared from about one in eight in 1991 to nearly one in five in 1998.

According to Dr. Abram Hoffer (of recent fame for "curing" Margot Kidder of manic depression with his nutritional approach), "Refined sugar and all refined foods, such as polished rice, white flour and the like, are nothing less than legalized poisons." He also said "Sugar is an addiction far stronger than what we see with heroin. It is the basic addictive substance from which all other addictions flow."

Dr. Hoffer and many other notable doctors say that it takes roughly 15 to 20 years of steady consumption of refined sugar and junk food before an individual develops a chronic illness such as diabetes. Once the average consumption of refined sugar rises to 70 pounds per person annually (which is the current consumption in North America), chronic diseases become a measurable problem for an entire population. As long as the sugar consumption stays below 35 pounds per person annually and constitutes less than 20 percent of the daily caloric intake, a population remains reasonably healthy. The present daily caloric intake of sugar in North America is about 35 percent.

According to Frank Vinicor, director of the Centers for Disease Control and Prevention's Diabetes Division, "such an alarming increase in the incidence of any disease in just eight years is almost unheard of. If that would happen in a disease like tuberculosis, syphilis or AIDS, I think there would be a public outcry, and understandably. . . . These trends are very disturbing."

So, what is wrong with refined sugar? The refining process of sugar removes 93

percent of chromium, 89 percent manganese, 98 percent cobalt, 83 percent copper, 98 percent zinc, and 98 percent magnesium—all essential to life. A small reduction in all of those substances can cause a wide range of diseases. Overuse of refined sugar puts a strain on the pancreas and causes surges of insulin and eventually insulin resistance at the cellular level. Insulin resistance leads to diabetes, angina and heart attack.

Sir Frederick Banting, who discovered insulin at the University of Toronto, visited Panama in the 1920s and found almost no incidence of diabetes among the workers in the sugar-cane fields. These workers ate the whole sugar-cane plant with all its vitamins, minerals, and fiber, but the disease was rampant among their Spanish employers because they only used the refined end product of white sugar in their diet.

Banting was afraid that people would get the wrong impression that insulin treatment was a cure for diabetes. He warned that this treatment was merely a stop-gap measure and that prevention was the only answer to the problem. He said that prevention could be achieved only through reduction in the consumption of refined sugar. And that is the advice that health authorities have been recommending for years—fewer calories, less fat in the diet, moderate exercise.

Such a program has proven effective in reducing the risk of adult-onset diabetes by more than half of high-risk individuals in a recent Finnish study. The three-year study, carried out by researchers at the National Public Health Institute in Helsinki, involved more than 500 middle-aged and overweight individuals. Half the participants were given general information about good diet and exercise and left on their own. The other half got detailed advice on ways to lose at least 5 percent of their weight and to reduce intake of fat and increase intake of fiber. They also met periodically with nutritionists and had supervised exercise sessions for at least 30 days.

The researchers' report in the May 3 issue of the *New England Journal of Medicine* wrote: "During the trial, the risk of diabetes was reduced by 58 percent in the intervention group. . . . The reduction in the incidence of diabetes was directly associated with changes in lifestyle."

Dr. Carolyn Dean's column on organic food in the May issue of *The Current* was attributed to Nancy Dean, and the staff wishes to extend to the author its apologies for the error.



Photos by JUDY McCORMACK

The City Island Girl Scouts Court of Awards was held on April 26, 2002, at Trinity Methodist Church. Above, the second-grade Brownies proudly show off their awards. Below, the Brownies create a "bridge" for those girls moving up to Junior Girl Scouts. The awards ceremony was organized by Brownie leader Judy McCormack and her hardworking troop leaders, Toni Conahan, Donna McGowan, Miriam Sheehy, Dia Ramos, Dina Weyhrach, Felicia Maldari and Grace Nagy.



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Photo by Michael Mazzeo

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**Times and heights of high and low water (Daylight Savings Time)**

Heights in feet above soundings printed on charts of water adjacent to City Island. Times shown are nautical times. For times on the table beginning with 1300, subtract 1200 to get ordinary P.M. time (e.g., 1625 - 1200 = 4:25 P.M.). Times less than 1200 are A.M. times (e.g., 1154 = 11:54 A.M.).  
 HH = hours; MM = minutes.

*Tide chart by Tom Smith*

**JUNE 2002**

DAY	TIME HH MM	HEIGHT FEET	TIME HH MM	HEIGHT FEET	TIME HH MM	HEIGHT FEET	TIME HH MM	HEIGHT FEET	DAY
01 Sat	0456	7.1	1134	1.0	1742	6.9	2352	1.5	Sat 01
02 Sun	0601	6.9	1227	1.2	1839	7.0			Sun 02
03 Mon	0053	1.6	0702	6.8	1319	1.4	1933	7.1	Mon 03
04 Tue	0150	1.5	0758	6.7	1408	1.4	2023	7.2	Tue 04
05 Wed	0243	1.3	0850	6.7	1453	1.4	2109	7.3	Wed 05
06 Thu	0331	1.1	0937	6.8	1533	1.3	2150	7.4	Thu 06
07 Fri	0415	0.8	1020	6.8	1606	1.2	2222	7.5	Fri 07
08 Sat	0454	0.6	1057	6.9	1631	1.1	2243	7.7	Sat 08
09 Sun	0530	0.3	1126	6.9	1701	0.9	2305	7.9	Sun 09
10 Mon	0602	0.1	1149	7.0	1737	0.8	2338	8.1	Mon 10
11 Tue	0633	0.0	1220	7.1	1818	0.7			Tue 11
12 Wed	0017	8.2	0709	-0.1	1258	7.3	1902	0.6	Wed 12
13 Thu	0101	8.3	0749	-0.1	1341	7.4	1950	0.6	Thu 13
14 Fri	0148	8.3	0834	-0.1	1429	7.5	2041	0.7	Fri 14
15 Sat	0239	8.1	0924	0.0	1521	7.5	2138	0.7	Sat 15
16 Sun	0334	7.9	1019	0.2	1619	7.5	2243	0.8	Sun 16
17 Mon	0435	7.6	1120	0.3	1723	7.6			Mon 17
18 Tue	0004	0.7	0545	7.3	1232	0.4	1835	7.7	Tue 18
19 Wed	0130	0.5	0709	7.1	1346	0.4	1948	7.9	Wed 19
20 Thu	0240	0.1	0829	7.1	1451	0.3	2053	8.1	Thu 20
21 Fri	0342	-0.3	0933	7.2	1551	0.1	2151	8.3	Fri 21
22 Sat	0439	-0.6	1030	7.3	1645	0.0	2244	8.4	Sat 22
23 Sun	0532	-0.8	1123	7.4	1737	0.0	2335	8.4	Sun 23
24 Mon	0622	-0.8	1213	7.4	1825	0.1			Mon 24
25 Tue	0022	8.4	0709	-0.7	1300	7.4	1912	0.2	Tue 25
26 Wed	0108	8.2	0755	-0.5	1346	7.4	1956	0.5	Wed 26
27 Thu	0153	8.0	0839	-0.1	1432	7.3	2039	0.7	Thu 27
28 Fri	0236	7.7	0921	0.3	1517	7.2	2119	1.0	Fri 28
29 Sat	0319	7.4	0959	0.7	1602	7.1	2158	1.2	Sat 29
30 Sun	0403	7.1	1032	1.0	1648	7.0	2239	1.4	Sun 30

**JULY 2002**

DAY	TIME HH MM	HEIGHT FEET	TIME HH MM	HEIGHT FEET	TIME HH MM	HEIGHT FEET	TIME HH MM	HEIGHT FEET	DAY
01 Mon	0452	6.8	1058	1.3	1737	7.0	2329	1.6	Mon 01
02 Tue	0549	6.6	1130	1.4	1827	6.9			Tue 02
03 Wed	0032	1.6	0652	6.4	1214	1.5	1917	7.0	Wed 03
04 Thu	0137	1.5	0751	6.4	1303	1.5	2002	7.1	Thu 04
05 Fri	0235	1.4	0844	6.4	1355	1.5	2040	7.2	Fri 05
06 Sat	0327	1.1	0931	6.5	1448	1.4	2114	7.4	Sat 06



On a recent visit to one of our many fine art galleries here on City Island, we were regaled with a story about a fish out of water. It happened last summer, outside Kathlyn's home on Buckley Street. There she was, minding her own Buckley Street business, when THUD! a bluefish fell from the sky to the middle of the road—yes, a bluefish! Seconds later, an osprey swooped down, recovered its prize and was off again to feed the chicks.

An osprey is a fish hawk, which snatches fish from the water, using its talons and a willingness to dive hard and deep to secure its prey. The osprey maneuvers its catch in midair to point the head forward so it will offer less resistance in flight. Kathlyn's bird may have had an accident maneuvering its bluefish into position. (We certainly hope it was an accident, Kathlyn.)

This summer, why not pay a visit to a local gallery or antique shop or bookstore? They're good for our Island's reputation, and you never know what you might see there, or hear.

We had been hearing a lot from a particular feathered friend on Bay Street—every morning from the same tree, in the same loud but musical warble. This was a difficult bird to spot because of its size, and even when we did catch a glimpse, it was never enough for a positive identification. Then one morning in May it began to sing "tea-kettle tea-kettle tea-kettle tea" very distinctly, and we knew we had our bird. It was a Carolina wren.

The interesting thing about Carolina wrens is that they do not do well in cold weather. They don't migrate either; they simply die when the weather gets too cold. The fact that this past winter was so mild likely accounts for the presence of these wrens on City Island. Chances are that

you've heard one or two or more of them, if not in the middle of a "tea-kettle tea," then perhaps a "tweedle." Carolina wrens have also been known to "tweedle."

The wild turkeys over in the Orchard Beach woods prefer to gobble. Tommy V saw a tom (no relation) and five female turkeys on his way to work early one morning. Orchard orioles have been spotted in the marshes along the Hutch; it's hard to miss their striking orange-and-black coloration. Woodpeckers have also been heard and observed - a downy and a flicker both. And, of course, the egret population in the Turtle Cove pond continues to impress City Islanders.

We wish we could say the same for the new chain-link fence surrounding Winged Victory, the recently restored World War I memorial in Pelham Bay Park. Let's hope that it's only temporary, although "temporary" is a slippery term, especially where government projects are concerned. But we can still hope.

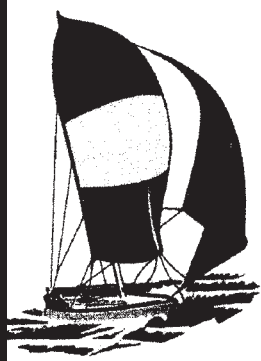
Finally, we would like to leave you with a few colorful June blooms to be on the lookout for in gardens everywhere on City Island: daisies and day lilies; black-eyed susans and hollyhocks; the first flush of roses; the last of the peonies.

If the colors of flowers are not your cup of tea, then try the spinnakers on Wednesdays. There is as much color on Eastchester Bay during any given downwind leg on a Wednesday evening in June as there is in the world-famous rose garden at the New York Botanical Garden. But mind your head, as the sailors like to say. There may be an osprey nearby with a bluefish bomb.

As always, we welcome your feedback and invite your input at [jdsstrat@earthlink.net](mailto:jdsstrat@earthlink.net).

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**Getting SSI?  
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By **DIANA VALDES**,  
 Manager, East Bronx  
 Social Security Office

The Social Security Administration reminds people who get Supplemental Security Income (SSI) benefits that they must report all changes in their income, the things they own or how they pay their household expenses.

It is important to report changes as soon as possible, so we can be sure we are paying you the right amount. If you do not report changes, your benefit amount may be wrong. Sometimes you may be due more money than you are getting.

There are penalties for not reporting a change or for making false statement; these include a fine, a prison sentence or both.

Always report income changes. Let Social Security know if you start or stop working, if your employer changes, if you get a raise or if your paydays change. Keep all of your pay stubs so we can ver-

ify your income. Tell Social Security about any other income, such as pensions, government benefits and insurance payments.

The things you own can affect SSI payments. You should report changes in your bank accounts, stocks, bonds and certificates of deposits, Christmas Club accounts, cars, property and anything else that you can own, buy or sell.

How you handle your household expenses or living arrangements can make a difference in SSI payments. The benefit amount is different if someone else pays for rent and food, or when you do not pay your share of the household expenses.

Also, be sure to report if you marry, separate, divorce, move or have children. If your spouse or children who live with you have changes in their income, assets or living arrangements, report these changes, too. Sometimes these changes affect your payment amount.

For more information, visit Social Security's Web site at [www.ssa.gov](http://www.ssa.gov) or call 800 772-1213 or visit the local Social Security office.

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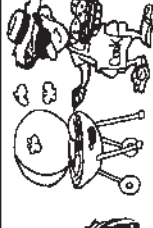

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ISLAND CURRENT JUNE 2002 TIDE CALENDAR						
SUN	MON	TUE	WED	THU	FRI	SAT
26 L 6:34A H 12:22P MAY L 6:37P	27 H 12:30A L 7:23A MAY H 1:11P	28 H 1:17A L 8:12A MAY H 2:01P	29 H 2:05A L 9:01A MAY H 2:52P	30 H 2:56A L 9:50A MAY H 3:46P	31 H 3:52A L 10:41A MAY H 4:43P	1 H 4:56A L 11:34A H 5:42P
2 H 6:01A L 12:27P H 6:39P	3 L 12:53A H 7:02A L 1:19P	4 L 1:50A H 7:58A L 2:08P	5 L 2:43A H 8:50A L 2:53P	6 L 3:31A H 9:37A L 3:33P	7 L 4:15A H 10:20A L 4:06P	8 L 4:54A H 10:57A L 4:31P
9 L 5:30A H 11:26A L 5:01P	10 L 6:02A H 11:49A L 5:37P	11 L 6:33A H 12:20P L 6:18P	12 H 12:17A L 7:09A H 12:58P	13 H 1:01A L 7:49A H 1:41P	14 H 1:48A L 8:34A H 2:29P	15 H 2:39A L 9:24A H 3:21P
16 H 3:34A L 10:19A H 4:19P	17 H 4:35A L 11:20A H 5:23P	18 H 5:45A L 12:32P H 6:35P	19 L 1:30A H 7:09A L 1:46P	20 L 2:40A H 8:29A L 2:51P	21 L 3:42A H 9:33A L 3:51P	22 L 4:39A H 10:30A L 4:45P
23 L 5:32A H 11:23A L 5:37P	24 L 6:22A H 12:13P L 6:25P	25 H 1:08A L 7:55A H 1:46P	26 H 1:53A L 8:39A H 2:32P	27 H 2:40A L 9:21A H 3:17P	28 H 3:26A L 9:21A H 3:17P	29 H 3:19A L 9:59A H 4:02P

TIDE CALENDAR JULY 2002 ISLAND CURRENT							
SUN	MON	TUE	WED	THU	FRI	SAT	
30 H 4:03A L 10:32A JUN H 4:48P	1 H 4:52A L 10:58A H 5:37P	2 H 5:49A L 11:30A H 6:27P	3 L 12:32A H 6:52A L 12:14P	4 L 1:37A H 7:51A L 1:03P	5 L 2:35A H 8:44A L 1:55P	6 L 3:27A H 9:31A L 2:48P	
7 L 4:14A H 10:11A L 3:38P	8 L 4:57A H 10:46A L 4:27P	9 L 5:37A H 11:22A L 5:15P	10 L 6:17A H 12:00P L 6:04P	11 L 7:01A H 12:43P L 6:53P	12 H 12:48A L 7:41A H 1:28P	13 H 1:37A L 8:26A H 2:17P	
14 H 2:29A L 9:14A H 3:08P	15 H 3:25A L 10:07A H 4:04P	16 H 4:27A L 11:07A H 5:07P	17 L 12:03A H 5:40A L 12:16P	18 L 1:19A H 7:06A L 1:29P	19 L 2:27A H 8:21A L 2:37P	20 L 3:29A H 9:24A L 3:39P	
21 L 4:26A H 10:20A L 4:35P	22 L 5:18A H 11:12A L 5:26P	23 L 6:07A H 12:00P L 6:14P	24 H 12:15A L 6:52A H 12:45P	25 H 12:58A L 7:34A H 1:27P	26 H 1:38A L 8:12A H 2:06P	27 H 2:13A L 8:45A H 2:40P	
28 H 2:42A L 9:03A H 3:08P	29 H 3:09A L 9:16A H 3:33P	30 H 3:42A L 9:47A H 4:05P	31 H 4:23A L 10:27A H 4:46P				H = High Tide L = Low Tide

ISLAND CURRENT AUGUST 2002 TIDE CALENDAR						
SUN	MON	TUE	WED	THU	FRI	SAT
H = High Tide L = Low Tide				1 H 5:11A L 11:13A H 5:32P	2 H 6:05A L 12:04P H 6:23P	3 L 12:59A H 7:06A L 12:59P
4 L 2:16A H 8:13A L 1:59P	5 L 3:29A H 9:17A L 3:02P	6 L 4:24A H 10:10A L 4:03P	7 L 5:12A H 10:56A L 5:01P	8 L 5:57A H 11:41A L 5:55P	9 L 6:41A H 12:26P L 6:46P	10 H 12:37A L 7:25A H 1:12P
11 H 1:27A L 8:10A H 1:59P	12 H 2:19A L 8:57A H 2:50P	13 H 3:15A L 9:49A H 3:45P	14 H 4:17A L 10:48A H 4:48P	15 H 5:35A L 12:00P H 6:06P	16 L 1:04A H 6:58A L 1:16P	17 L 2:12A H 8:10A L 2:25P
18 L 3:14A H 9:12A L 3:27P	19 L 4:10A H 10:07A L 4:23P	20 L 5:01A H 10:57A L 5:13P	21 L 5:58A H 11:43A L 5:59P	22 H 12:01A L 6:30A H 12:25P	23 H 12:42A L 7:08A H 1:03P	24 H 1:17A L 7:41A H 1:35P
25 H 1:46A L 8:02A H 1:58P	26 H 2:04A L 8:07A H 2:13P	27 H 2:26A L 8:29A H 2:39P	28 H 2:58A L 9:04A H 3:13P	29 H 3:38A L 9:45A H 3:54P	30 H 4:24A L 10:32A H 4:41P	31 H 5:16A L 11:23A H 5:34P

TIDE CALENDAR SEPTEMBER 2002 ISLAND CURRENT							
SUN	MON	TUE	WED	THU	FRI	SAT	
1 L 12:10A H 6:16A L 12:21P	2 L 1:20A H 7:23A L 1:25P	3 L 2:44A H 8:35A L 2:37P	4 L 3:52A H 9:38A L 3:48P	5 L 4:45A H 10:31A L 4:51P	6 L 5:33A H 11:19A L 5:46P	7 L 6:18A H 12:05P L 6:37P	
8 H 12:25A L 7:03A H 12:51P	9 H 1:15A L 7:48A H 1:38P	10 H 2:07A L 8:35A H 2:28P	11 H 3:02A L 9:27A H 3:23P	12 H 4:07A L 10:28A H 4:28P	13 H 5:26A L 11:44A H 5:51P	14 L 12:46A H 6:45A L 1:01P	
15 L 1:52A H 7:53A L 2:10P	16 L 2:53A H 8:54P L 3:11P	17 L 3:48A H 9:47A L 4:05P	18 L 4:38A H 10:36A L 4:54P	19 L 5:22A H 11:19A L 5:38P	20 L 6:02A H 11:59A L 6:17P	21 H 12:19A L 6:37A H 12:34P	
22 H 12:53A L 7:05A H 1:01P	23 H 1:17A L 7:15A H 1:13P	24 H 1:29A L 7:24A H 1:29P	25 H 1:51A L 7:53A H 1:58P	26 H 2:24A L 8:29A H 2:34P	27 H 3:04A L 9:11A H 3:16P	28 H 3:50A L 9:59A H 4:04P	
29 H 4:43A L 10:52A H 4:59P	30 H 5:43A L 11:52A H 6:00P				Tide Calendar by Tom Smith		H = High Tide L = Low Tide

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1995 SEADOO JETSKI XP Good condition. Low hours, trailer included. Purple/yellow. \$2700. Call Keith (914)235-2878.

Yard Sale: 41 Centre Street. June 15 9:30am till 3pm. Raindate June 16th. Many items. No Early Birds.

PIANO LESSONS given by music director at Trinity United Methodist Church of City Island. I am also a pianist, composer and author of books on music. Children, adults, people of all ages and levels. In your home or at my studio. Call Mark Grant at 885-2890.

OAK LIBRARY LADDER: 9' Putnam solid oak library ladder. Collapses along its length for easy storage. Well built, with rubber-cushioned feet and like new. \$150. 885-1517.

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ROOMMATE WANTED: non-smoker male to share 2 bedroom house on quiet street. M/F No pets. Utilities included. \$650. Avail. July 1. Call 1-800-595-8631.

NORTHEAST PAINTING CO.: All phases of Interior & Exterior painting. Wallpapering and removal by Dimitratos Brothers & Sons. In service since 1970. (718) 882-4176. For estimate call (914) 576-4886.

FLOWER CLEARANCE SALE: Saturday, June 8. Specials on plants, annuals and hanging baskets. 233 Fordham St., City Island. 9 a.m.-12 noon.

APPLIANCE REPAIRS: Service on refrigerators and other major appliances. One year guarantee on parts. 25 years experience. Discounts for seniors and Islanders. Doctor Steve's Appliance Service. 671-0700.

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RESPONSIBLE TEENAGE BABYSITTER available to watch your child during the summer. Call Jillian and Nicolette. 885-0941.

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SMALL JOB SPECIALIST: Carpentry-Remodeling-Repairs. Michael Vivian 885-1826. Available for consultation also!

1 TV BASE, w/storage for cable box and VCR. 23" high, 35" wide, 18" deep. Asking \$40 or best offer. 885-2184.

YARD SALE: Multi family June 15 and June 16. 10 am till? Bay St./William Avenue. Assorted furniture, books, clothing, etc. Rain date June 22 and June 23.

AVON REPRESENTATIVE: Avon is not just cosmetics. Jewelry, clothes, vitamins, videos, complete line of children's gifts, toys and more. Ask for catalog. Call Emily at 885-2430.

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WINDOWS COMPUTER SYSTEMS \$99+, Macintosh systems w/ printer \$40+, laptops, Windows 95/NT \$35+, printers/monitors \$10+, software & more. Repairs done. Wanted: server equipment, laptops, computers, software, etc. Wanted Any condition. (Pelham) (914) 738-6830.

TELEPHONE JACKS INSTALLED and repaired: Jacks for second lines, extensions, computers, fax lines. Residence or business. Call George at (718) 885-2497.

WANTED FOR PURCHASE: Large one or two family house by couple. Pre-approved for mortgage. Serious buyer. Call Jim (718) 792-6773 or (917) 544-4761.

LIFE VESTS, low prices; adult, children. Coast Guard approved. Burck's Boat Supplies, 526 City Island Ave., Bronx, NY, 718-885-1559.

\$44.99 buys men's brown Sperry Topsider moccasins. Master/Visa. Customer parking. Burck's 526 City Island Ave., Bronx, NY, 718-885-1559.

UNIQUE AND INTERESTING GIFTS: Burck's Fathers day Sale. Sperry Topsider, flasks, cigarette, cigar cases, knives and other gifts. Tarps, 25x30, \$7.50. 526 City Island Ave., Bronx, NY, 718-885-1559.



Our 2002 season is off to a terrific start. The annual parade and opening day ceremonies were held on April 13. This was a special day for Islander Tom Davis, this year's grand marshal, commemorating his 18 years of dedicated service to the Little League. Tom was joined by past presidents, managers and coaches, who all enjoyed a memorable day as City Island honored its Little League legacy.

The season is now in full swing, and quality baseball is being played as the team's battle for play-off positions. American Legion and New Yorker Contractors currently lead the Major League, but Jack's Bait & Tackle, Royal Marina and IGA are still in the mix. In the minors, J.P.'s, Sammy's and A.E.R. are closely matched and playing well. Saturday morning instructional league, which includes T-pitch, T-ball, and unofficial whiffle ball, have been learning funda-

mentals and having a great time. The league's annual field day was in late May, and the play-offs and championship games will be held on Saturday, June 22.

The players have been busy with a candy sale to raise funds for the upcoming winter program. Last year's winter program proved to be such a phenomenal success that the Little League is excited to be able to extend it for another year.

The month of July brings us to tournament time. District 22 has selected City Island as one of the host sites for some of the tournament games. This is a great opportunity, not only for our league and players, but also for our community to come out and show support for our teams. Tournament play is two levels: 9- and 10-year-olds and 11- and 12-year-olds. Tryouts will be held on or about June 15.

As always, the City Island Little League wishes to thank its managers, coaches, players and supporters. Everyone is invited to Ambrosini Field nightly at 5:30 and all day on Saturdays to encourage and support our youth.



Photo by RICK DeWITT and DONALD KOLB

The 3rd Annual City Island 5-K and Youth Run took place on June 1, 2002, as part of Fleet Weekend. Sammy's Fish Box was once again the major sponsor, with added support being given by IDEA, UK Sailmakers, City Island IGA, the New Way Market, and the American Legion Post 156. The adult race attracted a field of nearly 50 runners (see photo). The half-mile fun run brought in 19 kids, seen in the photo after the race. The weather was an early summer treat, with offshore breezes clearing out the clouds.

Carlos Garcia of Yonkers was the men's overall winner, with a time of 17 minutes 15 seconds for the 3.1 mile-course. Terri Sonenclar of Mamaroneck was the women's winner in 21:43. Winners of the age-group trophies were: (age 29 and under): Giovanni Garcia, Kevin Mapp, Christina Korres and Lizdely Garcia; (30-39): Kevin Createse, Martin Hemsley, Robert Antulon, Valerie Green, Julie Clapp, and Janet Mapp; (40-49): Ray Candelario, Gregg Rubin, Amil Nasser, Adrienne Wald, and Lisa Hamm-Greenawalt; (50-59): Edwin Maysonet, Ed Lynch, John Scherf, Yvonne Franck and Kathleen Lonergan; (60 and over): Denis Daly, Robert Furphy and Alex Schibli. (There were no women in the 60 and over age group.)



Participating in the youth run from City Island were: John Burke, Aidan Byrne, John Devlin, Devan Eccles, Sarah Eccles, Cait Hennessy, Michael Jaffe, Keith Kreig, Briana Lotrionte, Stephen Lott, John McGowan, and Zachary Mirabito. Islanders running the 5-K were Russell Comport, James Doyle, Kathleen Lonergan, Tim Longo, Chris McGuire and Alex Schibli. Leigh Anne Gilbert, daughter of former Islander and clam digger John Wright, also did the 5-K.

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Information for the Talebearer must be received in writing no later than the 15th of the month except July and December. Mail to The Island Current, P.O. Box 6, City Island, NY 10464; include your name and telephone number.

Happy birthday on June 23 to the Sailmaker's John Iovieno, with love from Stephen, Bobby and li'l Maria.

Happy Father's Day to Minnieford Avenue's Jack Doyle, with love from your family.

Congratulations to Midshipman and Eagle Scout Christopher C. Muller, who graduated from Villanova University's College of Engineering with a Bachelor of Mechanical Engineering on May 10. Christopher, who had been awarded a full scholarship from Villanova University Naval ROTC, and his battalion of midshipmen were commissioned as naval officers on May 17. May he serve with integrity and justice.

Wasn't that Grandma Yvette Shandel making sandcastles with grandson Nathan Henry Silverstein at the Fordham Street beach during the April heat wave?

Belated congratulations to Adam Silverstein and Yung Mi-Lee on their marriage in January 1999 and on the birth of Nathan in January 2000.

Best wishes to Jennifer Muller, who graduated from Ursuline. Jen, we are thrilled you chose Fordham University!

"Double trouble" and congratulations to Michelle and Phillip Mazzella on the April 18 births of Gerard Phillip and Jonathan Phillip. With love from Grandma and Grandpa Mazzella and Grandma and Grandpa Gloria.

Happy birthday on June 6 to Jill Doyle and on June 29 to Ann Butterworth, with love from your family.

Matthew Sasko of Buckley Street is happy to announce the May 2 birth of his little sister, Julia Skye Henning. Delighted parents are Debra and Matt Henning; thrilled grandparents are Donna Falcone of Matamoras, Pennsylvania, and Linda and Steve Henning of Poughkeepsie; and proud great-grandparents are Bay Street's Virginia and Ben DiGregorio and Catalina Torres.

Happy graduation wishes to Winter Street's Frankie Cebek, who will be graduating from P.S. 175 and going on to Iona Prep. Love from Mom, Dad, Grandma, Alex and all his family.

Best wishes to little Bob Carmody, who is graduating from kindergarten at P.S. 175. With love from your family.

Happy June 20 birthday wishes to Carroll Street's Fred Ramftl, who is cele-

brating his 20th, with love from Mom and Dad and Frankie.

Happy first anniversary to Christine and Carl Walden. Time flies when you're in love!

Congratulations and best of luck to Michael Lachman, who recently became a New York City firefighter. Also, belated happy 30th birthday, Michael. Looking good!

Best wishes for continued happiness to Cheryl and Frank Koller, who will celebrate their anniversary on June 3. Wishing you joy and many good wishes for at least 30 more!

Happy 12th birthday to Bay Street's Joe Dewitt on June 7. We love you! Mom, Dad, Sam, Gwyn and Max the gerbil.

Happy June birthdays to John Wright, his sister Judy Rauh, and their mom, Vera Thompson.

Happy June 1 birthday greetings to Tier Street's Marion Rosenfeld with love from Barney.

Keep up the good work, Anjulee Sebastian, who will graduate from Cardinal Spellman this month and has been awarded a scholarship to the University of Hartford. She plans to pursue a career in special education.

Happy birthday to the Laurels' Christoph Dierenfeld, who will celebrate his big day on June 26.

Lots of love to the best dad in the whole world, Chuck Butterworth, with love from "your boys."

Special birthday greetings across the miles to former Tier Street resident Rose Maffia, who turned 80 on April 15. A surprise birthday party was given to her by her three daughters, Lorraine, Carol and Donna, and was attended by many family members, including her seven grandchildren and eight great-grandchildren. Rose now resides in Long Island and would enjoy hearing from former neighbors or Donut Time Customers. Her telephone number is 631-243-4247.

And a very happy Father's Day to all our wonderful dads and grandpas.

Congratulations to Heidi Fiederlein who graduated from St. Lawrence University with a B.S. degree in biology. She is pursuing her doctorate in physical therapy at the N.Y. Medical College in Valhalla, N.Y. Erich Fiederlein is also graduating from Mahopac High School. He will be attending Rochester Institute of Technology in the mechanical engineering discipline. Congratulations and good luck. We are very proud of you both. Love, Mom and Dad

We would like to congratulate Keista Karabel on her acceptance into the Ursuline School and for her many accomplishments at P.S. 175. Love, Mom, Dad, Jay and Marissa.

Maria Swieciki



Photo by RENA HANSEN

The St. Mary's School Class of 1966 held a reunion on April 28, 2002, at the City Island Yacht Club. Shown below are the St. Mary's alumni enjoying the reunion: (seated, l. to r.) Robert Lutz, Father Jenko, Andrew Matteis, Robert D'Allesandro and Anna Marie Reilly. Second row: Ann Marie DeChristofaro, Evelyn Ferris, Peggy White, Patti Lynch, Peggy O'Hare, Rita Anderson, Lorraine Nicoletti, Diane Cullen, Cathy Sullivan, Margaret Paccione, Carol Cucci, Diane DeRusso, Adele Williams, Dorothy Comeau and Christina Castagnozzi. Top row: Russell Reda, Joseph Buckley, Steven Henning, Jay Hickey, Russell Schaller, Thomas Costello, John Vaughan and James Byrnes. Not shown are: Donald Penny, Mark Rice, Allison Bates, John Herlihy, John Remsen, Billy Pflieger, Anthony Lubrano, Robert Branizza, Francis De Santis, Keith Callahan, Nora Sheehy, Diane Kochanske, Virginia Murphy, Helen Munson, Edna Kretzer and Linda Gerbert.



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